

Poor Boy Shuffle

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数:
编舞者: Vicki E. Rader (USA)
音乐: Poor Boy Shuffle - The Tractors



The song "Poor Boy Shuffle" has a very abrupt intro. Not much time for more than 2 counts (7,8) before the vocals begin. Also, the bridge can be omitted when dancing to other songs.)

ROCK-STEP, COASTER STEP, STEP-PIVOT ½, SHUFFLE

1-2 Rock forward on right foot; step back on left foot
3&4 Step back on right foot; step together with left foot; step forward on right foot
5-6 Step forward on left foot; pivot ½ right
7&8 Shuffle forward (left-right-left)

ROCK-STEP, COASTER STEP, STEP-PIVOT ½, SHUFFLE (REPEATING STEPS 1 THROUGH 8)

9-16 Repeat steps 1 through 8

ROCK RIGHT, ROCK LEFT, KICK TWICE, ROCK RIGHT, ROCK LEFT, KICK TWICE

17-18 Rock to right on right foot; rock to left on left foot
19-20 Kick right foot diagonally toward left twice
21-22 Rock to right on right foot; rock to left on left foot
23-24 Kick right foot diagonally toward left twice

VINE RIGHT, TOUCH LEFT, ROLLING VINE LEFT (FULL TURN), TOUCH RIGHT

25-26 Step right on right foot; step left foot behind right
27-28 Step right on right foot; touch left foot next to right
29-30 Step ¼ turn left on left foot; pivoting ¼ left on left foot, step right on right foot
31-32 Pivot ½ turn left on right foot; touch right foot next to left

JAZZ SQUARE WITH ¼ TURN RIGHT, JAZZ SQUARE IN PLACE

33-34 Step right foot across left; step back on left foot
35-36 Step ¼ turn right on right foot; step left foot next to right
37-38 Step right foot across left; step back on left foot
39-40 Step back on right foot; step left foot next to right

LONG STEP FORWARD, SLIDE FORWARD, HOLD, STEP BACK, SLIDE, STEP BACK, SLIDE

41-42 Step long forward on right foot; begin sliding left foot forward toward right
43-44 Complete slide on left foot; hold the count (keeping weight on right foot)
45-46 Step back on left foot; slide right foot back to left foot
47-48 Step back on left foot; slide right foot back to left foot (keeping weight on left foot)

LONG VINE, ROCK LEFT

49-50 Step right foot to right; step left foot behind right
51-52 Step right foot to right; step left foot across right
53-54 Step right foot to right; step left foot behind right
55-56 Step right foot to right; rock left on left foot

CROSSING TRIPLE (IN FRONT), SIDE-TOGETHER-SIDE, CROSSING TRIPLE (BEHIND), SIDE-TOGETHER-SIDE

57&58 Step right foot across left and step left foot to left; step right foot across left
59&60 Step left foot to left and step right foot next to left; step left foot to left
61&62 Step right foot behind left and step left foot to left; step right foot behind left

63&64

Step left foot to left and step right foot next to left; step left foot to left

REPEAT

16-COUNT BRIDGE

After the entire dance is repeated three times, there is an 80-count instrumental break. Repeat the entire dance once during the first 64 counts of the instrumental break and for the remaining 16 counts, add the following:

MONTEREY ¼ TURNS (4)

1-2 Touch right toe to right; pivot ¼ right on left foot

3-4 Touch left toe to left; step together with left foot

5-6 Touch right toe to right; pivot ¼ right on left foot

7-8 Touch left toe to left; step together with left foot

9-10 Touch right toe to right; pivot ¼ right on left foot

11-12 Touch left toe to left; step together with left foot

13-14 Touch right toe to right; pivot ¼ right on left foot

15-16 Touch left toe to left; step together with left foot

Then resume the dance
