

# Poor Boy Shuffle

拍数: 64      墙数: 4      级数:  
编舞者: Vicki E. Rader (USA)  
音乐: Poor Boy Shuffle - The Tractors



The song "Poor Boy Shuffle" has a very abrupt intro. Not much time for more than 2 counts (7,8) before the vocals begin. Also, the bridge can be omitted when dancing to other songs.)

## ROCK-STEP, COASTER STEP, STEP-PIVOT ½, SHUFFLE

1-2            Rock forward on right foot; step back on left foot  
3&4           Step back on right foot; step together with left foot; step forward on right foot  
5-6           Step forward on left foot; pivot ½ right  
7&8           Shuffle forward (left-right-left)

## ROCK-STEP, COASTER STEP, STEP-PIVOT ½, SHUFFLE (REPEATING STEPS 1 THROUGH 8)

9-16           Repeat steps 1 through 8

## ROCK RIGHT, ROCK LEFT, KICK TWICE, ROCK RIGHT, ROCK LEFT, KICK TWICE

17-18          Rock to right on right foot; rock to left on left foot  
19-20          Kick right foot diagonally toward left twice  
21-22          Rock to right on right foot; rock to left on left foot  
23-24          Kick right foot diagonally toward left twice

## VINE RIGHT, TOUCH LEFT, ROLLING VINE LEFT (FULL TURN), TOUCH RIGHT

25-26          Step right on right foot; step left foot behind right  
27-28          Step right on right foot; touch left foot next to right  
29-30          Step ¼ turn left on left foot; pivoting ¼ left on left foot, step right on right foot  
31-32          Pivot ½ turn left on right foot; touch right foot next to left

## JAZZ SQUARE WITH ¼ TURN RIGHT, JAZZ SQUARE IN PLACE

33-34          Step right foot across left; step back on left foot  
35-36          Step ¼ turn right on right foot; step left foot next to right  
37-38          Step right foot across left; step back on left foot  
39-40          Step back on right foot; step left foot next to right

## LONG STEP FORWARD, SLIDE FORWARD, HOLD, STEP BACK, SLIDE, STEP BACK, SLIDE

41-42          Step long forward on right foot; begin sliding left foot forward toward right  
43-44          Complete slide on left foot; hold the count (keeping weight on right foot)  
45-46          Step back on left foot; slide right foot back to left foot  
47-48          Step back on left foot; slide right foot back to left foot (keeping weight on left foot)

## LONG VINE, ROCK LEFT

49-50          Step right foot to right; step left foot behind right  
51-52          Step right foot to right; step left foot across right  
53-54          Step right foot to right; step left foot behind right  
55-56          Step right foot to right; rock left on left foot

## CROSSING TRIPLE (IN FRONT), SIDE-TOGETHER-SIDE, CROSSING TRIPLE (BEHIND), SIDE-TOGETHER-SIDE

57&58          Step right foot across left and step left foot to left; step right foot across left  
59&60          Step left foot to left and step right foot next to left; step left foot to left  
61&62          Step right foot behind left and step left foot to left; step right foot behind left

63&64

Step left foot to left and step right foot next to left; step left foot to left

**REPEAT**

**16-COUNT BRIDGE**

After the entire dance is repeated three times, there is an 80-count instrumental break. Repeat the entire dance once during the first 64 counts of the instrumental break and for the remaining 16 counts, add the following:

**MONTEREY ¼ TURNS (4)**

1-2 Touch right toe to right; pivot ¼ right on left foot

3-4 Touch left toe to left; step together with left foot

5-6 Touch right toe to right; pivot ¼ right on left foot

7-8 Touch left toe to left; step together with left foot

9-10 Touch right toe to right; pivot ¼ right on left foot

11-12 Touch left toe to left; step together with left foot

13-14 Touch right toe to right; pivot ¼ right on left foot

15-16 Touch left toe to left; step together with left foot

**Then resume the dance**

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