

Poor Boy Blues

拍数: 64 墙数: 4 级数: Beginner
编舞者: Jos Slijpen (NL)
音乐: Poor Boy Blues - Mark Knopfler & Chet Atkins



TOE STRUTS BACK RIGHT & LEFT, OUT-OUT-IN-IN

1-2 Touch right toe back, drop heel
3-4 Touch left toe back, drop heel
5-6 Step right out to right side, step left out to left side
7-8 Step right back in place, step left back in place
9-16 Repeat counts 1-8

FORWARD STEP RIGHT, LOCK, FORWARD STEP, SCUFF, FORWARD STEP LEFT, LOCK, FORWARD STEP, SCUFF

1-2 Step forward on right, step left behind right
3-4 Step forward on right, scuff forward left
5-6 Step forward on left, step right behind left
7-8 Step forward on left, scuff forward right

STEP, PIVOT ½ TURN LEFT, STEP, HOLD (CLAP), STEP, PIVOT ½ TURN RIGHT, HOLD (CLAP)

1-2 Step forward on right, pivot ½ turn left
3-4 Step forward on right, hold & clap hands
5-6 Step forward on left, pivot ½ turn right
7-8 Step forward on left, hold & clap hands

SIDE ROCK RIGHT, RECOVER, CROSS, HOLD (CLAP), SIDE ROCK LEFT, RECOVER, CROSS, HOLD (CLAP)

1-2 Rock right to right side, recover weight onto left
3-4 Cross right over left, hold & clap hands
5-6 Rock left to left side, recover weight onto right
7-8 Cross left over right, hold & clap hands

BACK STEP RIGHT, LOCK, BACK STEP RIGHT, FORWARD KICK, BACK STEP LEFT, LOCK, BACK STEP LEFT, FORWARD KICK

1-2 Step back on right, cross step left over right
3-4 Step back on right, kick forward left
5-6 Step back on left, cross step right over left
7-8 Step back on left, kick forward right

CROSS ROCK STEP RIGHT, ¼ TURN RIGHT, HOLD, CROSS ROCK STEP LEFT, ¼ TURN LEFT, HOLD

1-2 Cross right over left, step back on left
3-4 ¼ turn right stepping right slightly forward, hold
5-6 Cross left over right, step back on right
7-8 ¼ turn left stepping forward on left, hold

SIDE ROCK RIGHT, RECOVER, CROSS, HOLD (CLAP), SIDE ROCK LEFT, RECOVER WITH ¼ RIGHT, FORWARD RIGHT, HOLD (CLAP)

1-2 Step to right side rocking right, recover weight onto left
3-4 Cross right over left, hold & clap hands
5-6 Rock out to left side, make ¼ turn right and recover weight onto right
7-8 Step forward left, hold & clap hands

REPEAT
