

Polka-Dot Shuffle

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Goodbye, Maria - BR5-49



1&2 Shuffle to the right (right, left, right)
3-4 Rock back on left, rock forward on right
5&6 Shuffle to the left (left, right, left)
7-8 Rock back right, rock forward on left
& Pivot ¼ turn left on ball of left

1&2 Shuffle to the right (right, left, right)
3-4 Rock left forward over right, rock back on right
5&6 Shuffle to the left (left, right, left)
7-8 Rock right forward over left, rock back on left

KICK-BALL-CHANGE MOVING BACK

1&2 Kick right forward, step back on ball of right, step back on left
3&4 Repeat last 1&2
5&6 Repeat last 1&2
7&8 Repeat last 1&2

& Pivot on left ¼ left turn
1&2 Shuffle to the right (right, left, right)
& Pivot on right ½ right turn
3&4 Shuffle to the left (left, right, left)
& Pivot on left ½ left turn
5&6 Shuffle to the right (right, left, right)
& Pivot on right ½ right turn
7&8 Shuffle to the left (left, right, left)

1&2 Shuffle to the right (right, left, right)
3&4 Cross left over right and shuffle to the right (left, right, left)
5&6 Shuffle to the right (right, left, right)
7&8 Cross left over right and shuffle to the right (left, right, left)

1-2 Rock right on right, recover left on left
3&4 Cross right over left and shuffle to the left (right, left, right)
5-6 Rock left on left, recover right on right
7&8 Cross left over right and shuffle to the right (left, right, left)

1-2 Rock forward on right, recover back on left
3&4 Make a ½ right turn while shuffling right, left, right
5-6 Rock forward on left, recover back on right
7&8 Make ¾ left turn while shuffling left, right, left

1&2 Shuffle forward right, left, right
3&4 Make ½ right turn while shuffling left, right, left
5&6 Make ½ right turn shuffling right, left, right
7&8 Shuffle forward left, right, left

REPEAT
