

Podunk

拍数: 32 墙数: 2 级数: Improver
编舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)
音乐: Podunk - Keith Anderson



SIDE STEPS, RECOVER, MODIFIED SAILOR STEPS

1-2 Step left to left side, recover on right
3&4 Step left behind right, step right to right side, cross left in front of right
5-6 Step right to right side, recover on left
7&8 Step right behind left, step left to left side, step right forward

ROCK STEPS, RECOVERS, ¼ TURN TO THE LEFT, COASTER STEP

1-2 Rock forward on left, recover on right
3&4 Step left making ½ turn to the left, step right making ¼ turn to the left, step left next to right
5-6 Rock forward on right, recover on left
7&8 Step back on right, step back on left, step forward on right

SIDE STEPS, RECOVER, MODIFIED SAILOR STEPS

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3&4 Step left behind right, step right to right side, cross left in front of right
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3&4 Step left making ½ turn to the left, step right making ¼ turn to the left, step left next to right
5-6 Rock forward on right, recover on left
7&8 Step back on right, step back on left, step forward on right

REPEAT
