

Please Remember Me

COPPER KNOB
BY STEPHENETS

拍数: 48 墙数: 4 级数: Intermediate/Advanced
编舞者: Liam Hrycan (UK)
音乐: Please Remember Me (Pop Radio Mix) - Tim McGraw



Start dancing 4 counts AFTER the lyrics have started.

RIGHT SIDE, LEFT BALL ROCK/RECOVER, LEFT SIDE, RIGHT BALL ROCK/RECOVER, RIGHT SIDE, LEFT BALL ROCK/RECOVER, FULL TURN LEFT (LEFT, RIGHT)

- 1-2& Step right foot to right side, rock ball of left foot to place beside right, recover weight onto right foot
- 3-4& Step left foot to left side, rock ball of right foot to place beside left, recover weight onto left foot
- 5-6& Step right foot to right side, rock ball of left foot to place beside right, recover weight onto right foot
- 7 Step left foot to left side a ¼ turn left
- 8 Make a ¾ turn left on ball of left foot stepping right foot to place beside left

LEFT SIDE, RIGHT BALL ROCK/RECOVER, RIGHT SIDE, LEFT BALL ROCK/RECOVER, LEFT SIDE, RIGHT BALL ROCK/RECOVER, ¾ TURN RIGHT (RIGHT, LEFT)

- 1-2& Step left foot to left side, rock ball of right foot to place beside left, recover weight onto left foot
- 3-4& Step right foot to right side, rock ball of left foot to place beside right, recover weight onto right foot
- 5-6& Step left foot to left side, rock ball of right foot to place beside left, recover weight onto left foot
- 7-8 Step right foot to right side a ¼ turn right, making a ½ turn right on ball of right foot - step left foot back

RIGHT BACK ROCK/RECOVER, RIGHT SIDE, LEFT BACK ROCK/RECOVER, LEFT SIDE (¼-LEFT), RIGHT STEP, ½ PIVOT LEFT, (&) ½ TURN LEFT, LEFT STEP BACK/RIGHT TOUCH

- 1&2 Rock right foot back behind left, recover weight onto left foot, step right foot to right side
- 3&4 Rock left foot back behind right, recover weight onto right foot, step left foot to left side a ¼ turn left
- 5-6& Step right foot forward, pivot a ½ turn left, making a ½ turn left on ball of left foot - step right foot back
- 7-8 Step left foot back, touch right toe in front of left foot

RIGHT FORWARD ROCK/RECOVER, (&) RIGHT STEP BACK, LEFT CROSS STEP, RIGHT TOUCH OUT-IN, RIGHT SIDE, STEP/LEFT TOUCH, LEFT SIDE STEP (¼-LEFT), ¾ PLATFORM TURN LEFT

- 1-2 Rock right foot forward, recover weight back onto left foot
- &3 Step right foot slightly back, cross step left foot over right
- 4& Touch right toe out to right side, touch right toe to place beside left foot
- 5-6 Step right foot to right side, slide and touch left toe to place beside right foot
- 7 Step left foot to left side a ¼ turn left (prep)
- 8 Make a ¾ turn spin left on ball of left foot and step right foot to place beside left

Easier:

- 7-8 Step left foot to left side, slide and step right foot to place beside left

LEFT FORWARD ROCK/RECOVER/LEFT TOUCH BACK, LEFT FORWARD ROCK/RECOVER, LEFT BACK LOCK STEP, RIGHT SIDE STEP/LEFT TOUCH, LEFT SIDE STEP (¼-LEFT)

- 1&2 Rock left foot forward, recover weight back onto right foot, touch left toe back (hesitation)
- 3& Rock left foot forward, recover weight back onto right foot

4&5 Step left foot back, lock step right foot over left, step left foot back
6-7 Step right foot to right side, touch left toe to place beside right
8 Step left foot to left side a $\frac{1}{4}$ turn left

RIGHT STEP/ $\frac{1}{2}$ PIVOT LEFT, RIGHT FORWARD ROCK/RECOVER/STEP BACK/LEFT TOUCH/LEFT STEP, RIGHT FORWARD, ROCK/RECOVER/STEP BACK ($\frac{1}{2}$ -RIGHT), $\frac{1}{2}$ PLATFORM TURN RIGHT

1-2 Step right foot forward, pivot a $\frac{1}{2}$ turn left
3& Rock right foot forward, recover weight back onto left foot
4&5 Step right foot back, touch left toe in front of right foot, step left foot forward
6&7 Rock right foot forward, recover weight back onto left foot, step right foot back a $\frac{1}{2}$ turn right
8 Make a $\frac{1}{2}$ turn spin right on ball of right foot and step left foot to place beside right

Easier:

6&7 Rock right foot forward, recover weight back onto left foot step right foot back
8 Step left foot to place beside right

REPEAT
