

Please Don't Make Me Beg

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Ian Dunn (AUS)
音乐: Don't Make Me Beg - Steve Holy



CROSS, RETURN, BACK, RETURN, HOP KICK, HOP, HOP KICK, HOP

- 1 Cross right forward & over left (pop left knee to left 45 & tap left toe behind right)
&2& Return weight on left, step right back (left heel jack forward), step forward on left
3&4& Hop forward on left kicking right forward, hop onto right, hop forward on right kicking left forward, hop onto left
5-8 Repeat the above 4 beats for counts 5 to 8

ROCK, RETURN, 1 ½ TURN, STEP, STEP, ROCK, RETURN, TOUCH, ½ TURN

- 1& Rock/step right forward, return onto left toe ½ turn right (keeping left heel off the floor)
2& Step forward on right, step forward on left toe turning ½ turn right
3& Stepping back on right turn ½ turn right, forward on left toe
4& Step forward on right, forward on left toe (lower body on right foot and raise on the left toe steps)
5&6 Rock forward right, replace weight on left (swinging right in an arc back), step right back
7-8 Touch left toe back, turn ½ turn left on right foot (change weight onto left)

RIGHT, TOGETHER, RIGHT, TOGETHER, RIGHT, TOGETHER, VINE, ¾ TURN

- 1 Step right to right 45 (swivel heels to the left)
2 Slide left beside right (swivel heels to the right)
3&4& Repeat the above twice at double time
5&6& Step left to left, right behind left, left to left, right across left
7&8& Step left to left, right behind left, left to left, pivot on left ¾ turn on left

CHARLESTON, FULL TURN, STEP, DRAG, STEP, DRAG, STEP, DRAG, STEP SCUFF

- 1&2 Touch right toe in front, swing right in an arc, step back on right
&3 Swing left in an arc, touch left toe back
4& Twist full turn left (legs crossed, drag right toe finishing right behind left), weight on right
5&6& Step forward on left, drag lock right behind left, step forward on left, drag lock right behind left
7&8& Step forward on left, drag lock right behind left, step forward on left, scuff right

REPEAT

TAG

On wall 3 (at the back) do only 16 counts of the dance then restart and dance the back wall in full.

FINISH

Second time facing the front wall, after completing wall 9, dance as follows:

- 1-4 Stomp right to right and forward, hold for 3 counts
5-8 Stomp left to left and forward, hold for 3 counts

On the drum roll and words "beg", place hands together at waist height in a praying fashion. Raise hands up & above your head slowly. Lower them slowly and place separately to the side. Lower your head.