Please Come Home

级数: Improver

编舞者: Linda Nyffeler (NZ)

音乐: Please Come Home - Scooter Lee

ROCK STEPS- ACROSS TOE-HEEL DROPS:

- 1-4 Rock right, rock left, cross right over in front of left, drop heel
- 5-8 Repeat on opposite side

ROCK STEPS & PIVOTS

拍数: 64

- 1-2 Rock back on right lifting the left toe off the ground and tilting the body forward, rock back on left
- 3-4 Step forward on right, pivot to the left 1/2 turn
- Step forward on right, and pivot to the left 1/2 turn 5-6
- 7-8 Rock right, rock left

ROCK STEPS, ACROSS TOE, HEEL DROPS

- 1-4 Rock right, rock left, cross right over in front of left, drop heel
- 5-8 Repeat on opposite side

ROCK STEPS & PIVOTS

- 1-2 Rock back on right lifting the left toe off the ground and tilting the body forward, rock back on left
- 3-4 Step forward on right, pivot to the left 1/2 turn
- 5-6 Step forward on right, pivot to the left 1/2 turn
- 7-8 Step on the right foot and hold for 1 count

LOCKS & HOLDS, & CLAPS

- 1-4 Step left back 45 degrees Slide right across in front of left, step back with left 45 degrees, hold, clap on hold
- 5-8 Step right back 45 degrees Slide left across in front of right, step back with right 45 degrees, hold, clap on hold

FINGER SNAPS, TURNS & HOLDS, & CLAP

- Place left forward (keeping weight on right), hold (snap fingers above head and look up on 1-4 the hold count), turn left foot back to the left to 7:00 (still keeping weight on right), hold (snap fingers and look down on the hold count)
- Swing left foot back to 12:00, transfer weight onto left foot, pivot on left ¼ turn right (count 5), 5-8 transfer weight onto right (snap fingers above head, looking up) (6), step left beside right (7), hold, clap on hold (8)

VINE AND SCUFF

- Vine to the right, scuff left foot 1-4
- 5-8 Vine to the left, and touch right beside left (moving slightly forward and turn body slightly 45 degrees)

HIP BUMPS AND HOLDS AT 45 DEGREES

- Step 45 degrees to the right on right foot and bump hips twice to right, touch left beside right, 1-4 hold for 1 count (clap on the hold is optional)
- 5-8 Repeat to the left

REPEAT

Finish the dance after the ½ pivot to the left, ending at front. Put right heel out at 45 degrees And snap both





墙数:4

fingers out in front.