# Playground

拍数: 32

级数: Intermediate

编舞者: Jo Everhart (USA)

音乐: Playground - Mikaila

#### STEP, STEP BEHIND, RIGHT MAMBO STEP

- 1-2 Step right foot to right, step left foot behind right foot
- 3&4 Rock to right on right foot, recover weight to ball of left foot, step right foot home next to left foot.

### STEP, STEP BEHIND, LEFT MAMBO STEP

- Step left foot to left, step right foot behind left foot 5-6
- 7&8 Rock to left on left foot, recover weight to ball of right foot, step left foot home next to right foot

## HEEL, STEP, TOE TOUCH, STEP, TOUCH, KICK

- Touch right heel forward, step forward onto right foot, touch left toe next to right foot 9&10
- 11&12 Step back on left foot, touch right toe next to left foot, kick right foot forward

### SYNCOPATED: OUT-OUT, IN-IN, STEP, HEEL, STEP, TOUCH

- &13&14 Step out to right on right, step out to left on left, step right foot home, step left foot home
- &15&16 Step back on right foot, touch left heel forward, step left foot home, touch right foot home next to left foot

### TOE TOUCH, RIGHT. TURN-CROSS STEP, ROCK STEP, STEP

- 17-18 Touch right toe out to right, turn <sup>1</sup>/<sub>2</sub> to right stepping on right foot crossed over left foot
- 19-20 Rock back on left foot, step forward on right foot as you flick left foot up

### 1/4 TURN & LEAN-STEP(LEFT), LEAN-STEP(RIGHT), LEAN-STEP(LEFT), 1/4 TURN & SIT

- Step forward on left foot as you turn 1/4 wall right(lean weight to left and look over left 21-22 shoulder), step to right on right foot (lean weight to right and look over right shoulder)
- 23-24 Step on left foot to left (lean weight to left and look over left shoulder), turn 1/4 wall to left as you step back on right foot and assume a sitting position (snap head back as you sit)

### STEP, ¼ LEFT. TURN, SAILOR STEP

- 25-26 Step forward on left foot, turn 1/4 wall to left as you step to right on right foot.
- 27&28 Step left foot behind right, recover weight to right foot, step left on left foot

### TURN ½, TURN ½, 3 HIP BUMPS WITH SHOULDER SHRUGS

- 29-30 Turn 1/2 wall to right as you step forward on right foot, turn 1/2 wall to right as you step to left on left foot (shoulder width apart and weight evenly distributed)
- 31&32 Bump hips to left as you shrug right shoulder up, return hips to center as you shrug left shoulder up, bump hips to left as you shrug right shoulder up

### REPEAT

After first wall only

1-16 Repeat first 16 counts of dance.

TAG

After eighth wall only





墙数: 4

1-2&	Take large step to right on right foot, rock behind right foot on ball of left foot, recover weight to right foot
3-4&	Take large step to left on left foot, rock behind left foot on ball of right foot, recover weight to left foot