

Play

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Play - Jennifer Lopez



STEP FORWARD AND OUT RIGHT, LEFT, STEP BACK RIGHT, LEFT, CROSS OVER LEFT, UNWIND, MAMBO RIGHT

1-2 Step right foot forward and out to the right, step left foot forward and out to the left,
3-4 Step right foot back and in, step left foot back and in
5-6 Cross right foot in front of left and unwind $\frac{1}{2}$ left
7&8 Mambo right

MAMBO LEFT, RIGHT KICK BALL CHANGE, RIGHT SHUFFLE, TWISTING HALF TURN LEFT

9&10 Mambo left
11&12 Right kick ball change (kick right foot out, step right and left)
13&14 Right shuffle forward
15&16 Raise heels, twist heels to the right, twist to the left, twist to the right to complete a half turn left

BOX STEP, STEP RIGHT & TOUCH, $\frac{1}{4}$ TURN RIGHT WITH ROCK STEP, $\frac{1}{2}$ TURN LEFT STEP ON LEFT

17-18 Cross left over right, step back with the right
19-20 Step left out to the left, touch right beside left
21-22 Step right out to right, touch left beside right
23&24 $\frac{1}{4}$ turn right rocking on left foot, return weight to right foot, turn $\frac{1}{2}$ left stepping on left foot

RIGHT SHUFFLE FORWARD, LEFT ROCK WITH $\frac{1}{2}$ TURN LEFT, STEP RIGHT $\frac{1}{4}$ TURN LEFT, LEFT BEHIND RIGHT UNWIND $\frac{1}{2}$ TURN LEFT

25&26 Right shuffle forward
27&28 Left step forward, recover on right, $\frac{1}{2}$ turn left, step on left
29-30 Step forward with right, $\frac{1}{4}$ turn left
31-32 Cross left foot behind right unwind $\frac{1}{2}$ turn

REPEAT
