Plain & Simple (P)

拍数: 48

级数: Partner

编舞者: Terry French & Caroline French

音乐: You Can't Take It With You - Collin Raye

Position: Closed Western position. Man facing OLOD, Lady facing ILOD. Man's steps listed, lady on opposite footwork unless otherwise stated FORWARD, TOUCH, BACK, TOUCH, SIDE, TOUCH, SIDE, TOUCH

- 1-4 Step forward on left, touch right beside left, step back on right, touch left beside right
- 5-8 Step left to left side, touch right beside left, step right to right side, touch left beside right

SIDE, BEHIND, ¼ TURN, BRUSH, MAN: ROCKING CHAIR, LADY: STEP, PIVOT ½ TURN, TWICE

- 9-10 Step left to left side, step right behind left
- 11-12 Turning 1/4 turn left, step left foot forward, brush right foot forward

Now facing LOD, release both hands

- 13-14 MAN: Rock forward onto right, recover onto left
- LADY: Step forward onto left foot, pivot 1/2 turn right (now facing RLOD)
- 15-16 MAN: Rock back onto right, recover onto left
- LADY: Step forward onto left foot, pivot ¹/₂ turn right (now facing LOD)

Join inside hands

STEP, LOCK, STEP, BRUSH, HEEL, HOOK, HEEL, HITCH

- 17-18 Step forward on right foot, lock left foot up behind right
- 19-20 Step forward on right foot, brush left foot forward
- 21-22 Touch left heel forward, hook left foot across in front of right shin
- 23-24 Touch left heel forward, hitch left knee

STEP, LOCK, STEP, TOUCH, SIDE, BEHIND, SIDE, HEEL

- 25-26 Step forward on left foot, lock right foot up behind left
- 27-28 Step forward on left foot, touch right beside left
- Release hands. Man passing behind lady, lady passing in front of man
- 29-30 Step right foot to right side, step left behind right
- 31-32 Step right foot to right side, touch left heel to left diagonal

SIDE, BEHIND, SIDE, TOUCH, ½ TURN, ½ TURN, STEP FORWARD, BRUSH

Man passing behind lady, lady passing in front of man

- 33-34 Step left foot to left side, step right behind left
- 35-36 Step left foot to left side, touch right foot beside left
- 37-38 Step forward on right turning 1/2 turn left, step back on left turning 1/2 turn left

Join inside hands

39-40 Step forward on right, brush left foot forward

STEP, LOCK, STEP, BRUSH, ROCK, RECOVER, ¼ TURN, TOUCH

- 41-42 Step forward on left foot, lock right foot up behind left
- 43-44 Step forward on left foot, brush right foot forward
- 45-46 Rock forward onto right, recover onto left
- 47-48 Turning 1/4 turn right, step right to right side, touch left beside right

Change hands to closed western position

REPEAT





墙数:0