

Pizzi Mamba Baby

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Dave Casey (UK)
音乐: Pizziricco - The Mavericks



MAMBO ROCKS FORWARD, BACK, SIDE

1 Right step forward
& Rock weight back onto left leg
2 Right step beside left
3 Left foot step back
& Rock weight forward onto right leg
4 Left foot step beside right
5 Right foot step to right side
& Rock weight side ways onto left
6 Right foot step beside left foot
7 Left foot step to left side
& Rock weight side ways onto right
8 Left foot step beside right foot

CHASSE ¼ TURN, MAMBO ROCK, TRIPLE ½ TURN MAMBO ROCK

1 Right foot step to right side
& Left foot step beside right foot
2 Right foot step to right side with ¼ turn right
3 Left foot step forward
& Rock weight back onto left leg
4 Left foot step beside right
5 Right foot step back turning ¼ turn right
& Left foot step beside right foot
6 Turn ¼ turn right stepping forward onto right foot
7 Left foot step forward
& Rock weight back onto left leg
8 Left foot step beside right foot

STEP, ROCK ¼ TURN, MAMBO ROCK, STEP ROCK ¼ TURN, COASTER STEP

1 Right foot step to right side
2 Rock weight onto left leg turning ¼ turn left
3 Right foot step forward
& Rock weight back onto left leg
4 Right foot step beside left foot
5 Left foot step to left side
6 Rock weight onto right foot turning ¼ turn left
7 Left foot step back
& Right foot step beside left
8 Left foot step forward

LOCK STEP, STEP, CLAPS, PIVOT, STEP, CLAPS

1 Right foot step forward
& Bring left foot up to and behind right foot
2 Right foot step forward
3 Left foot step forward
&-4 Clap hands 2 times

- 5 Pivot ¼ turn right
- &6 Clap hands 2 times
- 7 Left foot step forward
- &8 Clap hands 2 times

LOCK STEP, STEP, CLAPS, PIVOT, STEP, CLAPS

- 1 Right foot step forward
- & Bring left foot up to and behind right foot
- 2 Right foot step forward
- 3 Left foot step forward
- &-4 Clap hands 2 times
- 5 Pivot ¼ turn right
- &6 Clap hands 2 times
- 7 Left foot step forward
- &8 Clap hands 2 times

HEEL SWITCHES, MAMBO ROCK

- 1 Touch right heel forward
- & Right foot step beside left foot
- 2 Touch left heel forward
- & Left foot step beside right foot
- 3 Right foot step forward
- & Rock weight back onto left leg
- 4 Right foot step beside left foot
- 5 Touch left heel forward
- & Left foot step beside right foot
- 6 Touch right heel forward
- & Right foot step beside left foot
- 7 Left foot step forward
- & Rock back onto right leg
- 8 Left foot step beside right

CROSS STEP, UNWIND, ROCK

- 1 Right foot step behind (crossing) left leg
- 2 Unwind a full turn right
- 3 Left foot step to left side
- 4 Rock weight sideways onto right leg
- 5 Left foot step behind (crossing) right leg
- 6 Unwind a full turn left
- 7 Right foot step to right side
- 8 Rock weight side ways onto left leg

STEP, PIVOT, STEP CLAPS

- 1 Step forward on right
- 2 ½ pivot turn to left
- 3 Right step forward
- 4 ½ pivot turn left
- 5 Right step forward
- 6 Clap hands
- 7 Left step forward
- 8 Claps hands

REPEAT

