Pity, Pity



编舞者: Angels Guix (ES) 音乐: Pity Pity - Little Tony



HEEL FORWARD, TOE BACK, SHUFFLE FORWARD

1-4 Touch right heel forward, hold, touch right toe backward, hold

5-8 Forward shuffle (right, left, right), hold

HEEL FORWARD, TOE BACK, SHUFFLE FORWARD

1-4 Touch left heel forward, hold, touch left toe backward, hold

5-8 Forward shuffle (left, right, left), hold

THE 'V'

1-4 Step right foot diagonally forward, hold, step left foot diagonally forward, hold

5-8 Step right foot back to center, hold, step left foot back to center, hold

SHUFFLE RIGHT, 1/4 TURN LEFT, SHUFFLE LEFT

1-4 Shuffle to the right side (right, left, right), hold

5-8 Turn ¼ to left and shuffle to the left side (left, right, left), hold

REPEAT

OPTIONAL:

On the 5th and 6th repetition, clap from 1 to 16 on the even counts