

# Pinto Pal Polka

**COPPER KNOB**  
BY STEPHEN B. B. B.

拍数: 64                      墙数: 4                      级数: Intermediate  
编舞者: Jaschenka Okhuysen & Adriana Stomphorst (NL)  
音乐: Give Me A Pinto Pal - Wylie And The Wild West Show



3rd place in the German Championships 2000

## ROCK STEP, KICK BALL TOUCH RIGHT AND LEFT

- 1-2                      Step right foot to right side and rock, recover weight on to left foot
- 3&4                     Kick right foot forward, rock back on ball of right foot, touch left foot beside right foot
- 5-6                     Step left foot to left side and rock, recover weight on to right foot
- 7&8                     Kick left foot forward, rock back on ball of left foot, touch right foot beside left foot

## MONTEREY TURN, MONTEREY SPIN TO THE RIGHT

- 1                        Point right foot to right
- 2                        Pivot  $\frac{1}{2}$  turn to right on ball of left, stepping right next to left and changing weight
- 3                        Point left foot to left side
- 4                        Step left beside right
- 5                        Point right foot to right
- 6                        Pivot full turn to right on ball of left, stepping right next to left and changing weight
- 7                        Point left foot to left side
- 8                        Step left beside right

## CHASSE RIGHT, ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER

- 1&2                     Right foot step to right side, slide left foot beside right foot, step right foot to right side
- 3-4                     Step left foot behind right foot and rock, recover weight on to right foot
- 5&6                     Left foot step to left side, slide right foot beside left foot, step left foot to left side
- 7-8                     Step right foot behind left foot and rock, recover weight on to left foot

## KICK BALL TOUCH, STEP, SWIVEL, RIGHT AND LEFT

- 1&2                     Kick right foot forward, rock back on ball of right foot, touch left foot beside right foot
- 3&4                     Step left foot forward, swivel both heels to the left side, swivel both heels back in place
- 5&6                     Kick left foot forward, rock back on ball of left foot, touch right foot beside left foot
- 7&8                     Step right foot forward, swivel both heel to the right side, swivel both heels back in place

## RIGHT SHUFFLE, LEFT SHUFFLE, FULL TURN TO THE RIGHT 2X

- 1&2                     Step right foot forward, slide left foot up to right foot, step right foot forward
- 3&4                     Step left foot forward, slide right foot up to left foot, step left foot forward
- 5-6                     Right foot step back  $\frac{1}{2}$  pivot to the right, left foot step forward  $\frac{1}{2}$  pivot to the right
- 7-8                     Right foot step back  $\frac{1}{2}$  pivot to the right, left foot step forward  $\frac{1}{2}$  pivot to the right

## HEEL, HEEL, STEP BACK, STEP BACK, CLAP, CLAP, RIGHT HAND UP, LEFT HAND UP

- 1-2                     Step right heel diagonal forward, step left heel diagonal forward
- 3-4                     Step right foot back, step left foot back
- 5-4                     Bend your knees and clap right hand on your right knee, clap left hand on your left knee
- 7-8                     Straightening both legs and put your right hand in the air, put your left hand in the air

## ROLL WITH YOUR HANDS, JAZZ SQUARE

- 1-2                     Roll with both hands to the right side
- 3-4                     Roll with both hands to the left side
- 5                        Cross step right foot over left foot

- 6 Step back on left
- 7 Step right foot a ¼ turn to the right
- 8 Step left foot beside right foot

**HEEL, HEEL, STEP BACK, STEP BACK, CLAP, CLAP, CLAP, CLAP**

- 1-2 Step right heel diagonal forward, step left heel diagonal forward
- 3-4 Step right foot back, step left foot back
- 5-6 Bend your knees and clap two times with both hands on your knees
- 7-8 Straightening both legs and clap two times

**REPEAT**

**TAG**

After the 4 wall, there is a 3 count break. Slap your knees twice. Straighten up and clap once. Start at the beginning of the dance.

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