

Pieces

拍数: 32 墙数: 4 级数: Improver
编舞者: Errol Colomb (UK)
音乐: I Fall to Pieces - LeAnn Rimes



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- 1-2 Cross left in front of right, step right to right side
3&4 Cross left in front of right, step right to right side, cross left in front of right
5-6 Step right to right side, step left to left side with $\frac{1}{4}$ turn left at the same time
7&8 Step right forward, lock left behind right, step right forward
- 1-2 Step left forward, rock back onto right
3&4 Step left back, cross step right over left, step left back, (backward lock step)
5-6 Rock step right forward, rock back on left
7&8 Step right back, step left beside right with $\frac{1}{4}$ turn left, step right forward (modified coaster step)
- 1&2 Step left forward, step right beside left, step left forward
3&4 Step right forward, step left beside right, step right forward
5-6 Step left forward and pivot on balls of feet $\frac{1}{2}$ turn right transfer weight to right
7&8 Step left forward, step right beside left, step left forward
- 1-2 Step right forward and on balls of feet make a $\frac{1}{4}$ turn left transfer weight to left
3&4 Kick right forward, step on ball of right beside left, step left beside right
5&6 Cross right in front of left, step left to left side, cross right in front of left
7-8 Step left to left side, rock over onto right transferring weight to right

REPEAT

OPTIONAL VARIATION

On 2nd, 4th, 6th and 8th walls, instead of the forward shuffles on the third sequence 1&2, 3&4 make a full turn right
