

Piece Of My Heart

COPPERKNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Intermediate
编舞者: Emma Thompson (UK)
音乐: Piece of My Heart - Faith Hill



RIGHT FORWARD SHUFFLE, SYNCOPATED ROCK STEP FORWARD, STEP HALF TURN

1&2 Step right foot forward, step left foot together, step right foot forward
3-4 Rock left foot forward, recover weight on right foot, step left foot together
5-6 Step right foot back, step left foot together, step right foot forward
7-8 Step forward on left, pivot ½ turn right

LEFT FORWARD SHUFFLE, RIGHT ROCK RECOVER, LEFT ROCK RECOVER, JAZZ BOX WITH A ¼ TURN LEFT

1&2 Step left foot forward, step right foot together, step left foot forward
3-4 Rock (step) on right foot to right side, recover
5-6 Rock (step) on left foot to left side, recover
7-8 Right foot cross over front of left, left foot step back, right foot step right side (with ¼ turn left at same time)

SCUFF, BODYROLL, LEFT ROCK RECOVER WITH ¼ TURN LEFT, LEFT SHUFFLE

1-2 Scuff left foot forward
3-4 Slow body roll forward (begin roll with shoulders then body)
5-6 Rock (step) on left foot and recover on right while turning a ¼ left
7-8 Step left foot forward, step right foot together, step left foot forward

FORWARD HIP BUMPS, ¼ MONTEREY, ¼ MONTEREY

1-4 Two hip bumps to the right, two hip bumps to the left
5-6 Touch right toe to side right, pivot ¼ right stepping right next to left
7-8 Touch left toe to side left, pivot ¼ left stepping left next to right

RIGHT SIDE SHUFFLE TURNING ¼ LEFT, SAILOR STEPS, ¼ MONTEREY

1&2 Turning ¼ turn left step right to right side, step left foot together, step right to right side
3&4 Cross left behind right, step right to right side, step left in place
5&6 Cross right behind left, step left to left side, step right in place
7-8 Touch left toe to left side, pivot ¼ left stepping left next to right

REPEAT
