

Pickin' Trash

拍数: 32 墙数: 2 级数: Improver
编舞者: Ulrika Rapp (SWE)
音乐: Mama Take Me Home - Rednex



DIAGONAL SHUFFLE RIGHT, DIAGONAL SHUFFLE LEFT, HEEL RIGHT, LEFT, RIGHT, HITCH, HEEL RIGHT

1&2 Step right diagonal, close left beside right, step right diagonal
3&4 Step left diagonal, close right beside left, step left diagonal
5&6 Tap right heel diagonal forward, tap left heel diagonal forward
&7&8 Tap right heel diagonal forward, hitch right knee, tap right heel diagonal forward

STEP RIGHT SIDE, SAILOR ¼ TURN LEFT, STEP RIGHT, BACK LEFT LOCKSTEP TWICE, LEFT COASTER STEP

1 Step out to right side
2&3 Step left behind right making ¼ turn left, step right next to left, step forward on left
4 Step forward on right
5&6& Step diagonally back on left foot, lock right foot in front of left twice
7&8 Step back on left, close right beside left, step forward left

ROCK RIGHT, SHUFFLE ½, POINT LEFT, RIGHT, HEEL FORWARD LEFT, RIGHT

1-2 Rock forward on right, recover on to left
3&4 Make ½ turn right stepping - right, left, right (shuffle)
5&6 Point out to right side, point out to left side
7&8 Tap left heel forward, tap right heel forward

JAZZ BOX ¼ TURN RIGHT, LARGE STEP RIGHT, LEFT, RIGHT, LEFT

1-2 Cross right over left, step back on left
3-4 Make a ¼ turn right stepping right to right side, step forward on left
5-6 Step right diagonally forward, step left to left side
7-8 Step right diagonally back, step left to left side

On 5-8, take large steps in a ¼ and bend your knee a little

REPEAT

TAG

At end of the dance on wall 7

STEP TURN, STEP TURN

1-2 Step forward on right make a ½ turn left
3-4 Step forward on right make a ½ turn left