

Picking Trash

拍数: 32 墙数: 4 级数: Intermediate straight rhythm
编舞者: Bo Wallin (SWE)
音乐: Mama Take Me Home - Rednex



SIDE TOGETHER FORWARD, WALK TWICE, ROCK & TURN 1/2, 2 X HITCH 1/4 TURNS

- 1&2 Step left to left side, step right next to left, step left forward
3-4 Walk forward right, walk forward left
5&6 Rock forward on right, recover onto left, make 1/2 right step right forward
&7&8 Hitch left, touch left to left side as you make a 1/4 turn right, hitch left, touch left to left side as you make a 1/4 turn right (facing 12:00)

& POINT HITCH CROSS, TAP HOP STEP BACK, TURN 1/2 STEP FORWARD WALK, STEP TURN 1/4 CROSS

- &1&2 Step left next for right, point right to right side, hitch right knee forward, cross step right over left
3&4 Tap left behind right, hop back on right, step back on left
5-6 Turn 1/2 right step right forward, walk forward left
7&8 Step forward right, turn 1/4 left weight on left, cross right over left (facing 3:00)

TOE STRUT 1/4 TURN, TOE STRUT 1/2 TURN, COASTER 1/4 CROSS, 3/4 TURN

- 1-2 Make a 1/4 turn left step left toe forward, place left heel down (and click fingers)
3-4 Make a 1/2 turn left step right toe back, place right heel down (and click fingers)
5&6 Step back on left, step right next to left, make 1/4 turn to left cross stepping left over right
7&8 Make a 1/4 right stepping forward right, 1/4 turn right stepping left to left side, 1/4 turn right stepping forward right (facing 12:00)

BUMPS TWICE, BEHIND SIDE CROSS, HEEL GRIND 1/4 TURN RIGHT, COASTER CROSS

- 1-2 Step left to left side bump hips left, bump hips right
3&4 Step left behind right, step right to right side, cross left over right
5-6 Rock forward on right heel, grinding heel around 1/4 turn right step back onto left
7&8 Step back on right, step left next to right, cross step right over left (facing 3:00)

REPEAT

TAG

After wall 7

- 1-4 Bump hips left-right-left-right