

# Pick Me Up

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Susan Byrne (AUS)  
音乐: I'd Rather Ride Around With You - Reba McEntire



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## **FORWARD, FORWARD, FULL TURN, FORWARD, FORWARD, SCUFF, TOUCH, STOMP**

1-2            Step forward left-right  
3&4           Hook & step left foot behind right to begin a full turn, turning left, step right-left  
5-6           Step forward right-left  
7&8           Scuff right, touch right ball at 45 degrees, tap right heel down (weight on left)

## **HEEL, HEEL, SCOOT BACKWARDS, HEEL STOMPS, HEEL SPLITS**

9-10           Tap right heel at 45 degrees right, tap right heel forward  
11&12        Lift right knee, scoot backwards on left, step backwards right, step left beside right (weight ends on both feet)  
13-14        With weight forward on balls of feet, lift both heels, stomp heels, lift both heels, stomp heels  
&15-16      With weight forward on balls of feet, lift both heels & turn them out, click heels together, stomp heels (weight ends on right)

## **BALL CHANGE, ½ PIVOT TURN, HOLD, BALL STEP, BALL STEP**

&17           Step ball of left slightly backwards, step right slightly forward  
18-19-20    Pivoting on balls of feet ½ turn to left, swiveling heels right, ½ turn right swiveling heels left, hold  
&21-22      Step left next to right, step forward right, hold  
&23-24      Step left next to right, step forward right, hold

## **½ PIVOT TURN, SCUFF/STEP, SCUFF/STEP, ROCK/STEP, TURN, TOUCH**

25-26        Step forward on left, on balls of feet ½ pivot turn to right (weight ends forward on right)  
27-28        Scuff left to left side, step left forward  
29-30        Scuff right to right side, rock/step right forward  
31-32        Step backwards on left, lift right leg turning ¼ turn right, step down on right (weight ends on right)

**REPEAT**

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