

Phoenix Waltz

拍数: 48 墙数: 4 级数: Improver waltz
编舞者: Pat Stott (UK)
音乐: Are You Wasting My Time - Phoenix



CROSSING TWINKLE STEPS, TWINKLE WITH ½ TURN LEFT, BACK BASIC, REPEAT

- 1-3 Cross left over right, step right beside left, step left in place
- 4-6 Cross right over left, step left beside right, step right in place
- 7-9 Step forward on left, on ball of left pivot ½ turn to left, stepping right beside left, step left in place
- 10-12 Step back right, step left beside right, step right in place
- 13-24 Repeat steps 1-12

WEAVE TO RIGHT, LARGE STEP TO RIGHT, DRAG LEFT TOE TO RIGHT FOOT

- 25-27 Cross left in front of right, right to right side, cross left behind right
- 28 Large step to right
- 29-30 Slowly drag left to right

ROLLING TURN TO LEFT, TWINKLE WITH ¼ TURN RIGHT

- 31-33 Step left ¼ turn left, on ball of left pivot ½ turn left stepping back right on ball of right pivot ¼ turn left stepping left to left side
- 34-36 Cross right over left, turn ¼ to right and step small step to left side, step right in place

FORWARD, POINT, HOLD, FORWARD, POINT, HOLD, FORWARD, POINT FORWARD, HOLD

- 37-39 Step forward on left, point right toe to right side, hold
- 40-42 Step forward on right, point left toe to left side, hold
- 43-45 Step forward on left, point right toe forward (for style pull left shoulder back)

½ TURN TO RIGHT, SMALL WALKS FORWARD

- 46-48 Turn ½ turn to right and step forward on right, walk forward 2 small steps left, right
- For intermediate dancers replace the ½ turn and walks with 1 ½ turns to right (turn ½ turn to right and step forward on right, on ball of right foot - pivot ½ turn to right and step back on left, on ball of left foot - pivot ½ turn to right and step forward on right)

REPEAT
