

拍数: 32 墙数: 4 级数: Intermediate west coast swing
编舞者: Janet Wilson (USA)
音乐: HeartBreak School - James Bonamy



KICKS, KNEE SWINGS

- 1& Kick right foot forward, step on right foot next to left
- 2-3-4 Keeping left toe next to right foot, swing left knee: right, left, right
- 5& Kick left foot forward, step on left foot next to right
- 6-7-8 Keeping right toe next to left foot, swing right knee: left, right, left

SIDE TOUCHES & SAILOR SHUFFLES

- &9-10 Step on right foot next to left, swing left knee to the right, touch left toe out to left side
- &11-12 Step on left foot next to right, swing right knee to the left, touch right toe out to right side

TOUCH BACK, ½ PIVOT, KICK-STEP-TOUCH, STEP TOUCHES

- 17-18 Touch back with right toe, pivot ½ turn, right, shifting weight to right foot
- 19&20 Kick left foot forward, step on left foot next to right, touch right toe out to right side
- 21-22 Step forward onto right foot, touch left toe out to left side
- 23-24 Step forward onto left foot, touch right toe out to right side

STEP, TOUCH, COASTER STEP, SCUFF/SCOOT, WALK BACK

- 25-26 Step forward onto right foot, touch left toe behind right heel
- 27&28 Coaster step: step backward onto left foot, step right foot next to left, step forward onto left foot
- 29& Scuff right heel forward, scoot back a little on left foot (weight is already there)
- 30-31 Step backward onto right foot, step back onto left foot
- 31 Touch right toe next to left foot

REPEAT
