

Perpetual Motion

拍数: 56 墙数: 0 级数:
编舞者: Larry Meeler
音乐: This Kiss - Faith Hill



SHUFFLE TO RIGHT, ROCK SIDE STEP, SHUFFLE TO LEFT, ROCK SIDE STEP

1&2 Shuffle to right, slightly forward, left foot crossed over
3-4 Rock to right (mambo), recover left
5&6 Shuffle to left, slightly forward, right foot crossed over
7-8 Rock to left (mambo), recover right

SHUFFLE LEFT, ROCK STEPS, COASTER STEP, STEP LEFT, PIVOT

9&10 Shuffle forward left
11-12 Rock forward on right, recover left
13&14 Rock back on right, step left, step on right (coaster step)
15-16 Step left, pivot ½ turn

SHUFFLE LEFT, STEP RIGHT, ¼ TURN, CHA-CHA IN PLACE, ROCK STEP

17&18 Shuffle forward left (RLOD)
19-20 Step forward on right, ¼ turn left to outside LOD
21&22 Shuffle in place (right, left, right)
23-24 Rock forward left, recover right

CHA-CHA IN PLACE, VINE TO LEFT, ¼ TURN, SHUFFLE FORWARD

25&26 Shuffle in place (left, right, left)
27-28 Step right in front of left down LOD, step left
29-30 Step right behind step left with ¼ turn left
31&32 Shuffle forward right

STEP LEFT, CAMEL, SHUFFLE, STEP RIGHT, CAMEL, SHUFFLE

33-34 Step left forward, bringing right foot behind
36&36 Shuffle forward left
37-38 Step right forward, bringing left foot behind
39&40 Shuffle forward right

STEP LEFT, PIVOT, SHUFFLE, STEP RIGHT, PIVOT, SHUFFLE

41-42 Step left forward, ½ turn to right (RLOD)
43&44 Shuffle forward left
45-46 Step forward right, ½ turn to left (LOD)
47&48 Shuffle forward right

ROCK STEP, SHUFFLE, ROCK STEP, SHUFFLE STEPS

49-50 Rock forward on left, recover right
51&52 Shuffle in place (left, right, left)
53-54 Rock back on right, recover left
55&56 Shuffle forward (right, left, right)

REPEAT
