### **Perfect Time**



拍数: 72 墙数: 4 级数: Intermediate

编舞者: Stephen Sunter (UK)

音乐: I Don't Want This Song to End - John Michael Montgomery



# RIGHT, BEHIND, RIGHT, ROCK, STEP LEFT, CROSS RIGHT, UNWIND, ROCK LEFT, FULL TURN TO THE RIGHT TRAVELING RIGHT

| • | 1-2-3 | Step right foot right, step left foot behind right, step right to right                    |
|---|-------|--|
| 4 | 4-5-6 | Rock forward on left crossing in front of right, rock weight onto right, step left to left |
| - | 7-8   | Cross step right over left as you unwind ½ turn to the left, rock weight over to left foot |
| ( | 9     | Rock weight over to right foot   |
| • | 10    | Pivot ½ turn to the right on ball of right foot placing weight onto left foot              |
| • | 11    | Pivot ½ turn to the right on ball of left foot placing weight onto right foot              |
| • | 12    | Cross step left in front of right  |
|   |       |  |

# RIGHT, BEHIND, RIGHT, ROCK, STEP LEFT, CROSS RIGHT, UNWIND, ROCK LEFT, FULL TURN TO THE RIGHT TRAVELING RIGHT

| 13-14-15                 | Step right foot right, step left foot behind right, step right to right                    |  |
|--------------------------|--|--|
| 16-17-18                 | Rock forward on left crossing in front of right, rock weight onto right, step left to left |  |
| 19-20                    | Cross step right over left as you unwind ½ turn to the left, rock weight over to left foot |  |
| 21                       | Rock weight over to right foot   |  |
| 22                       | Pivot ½ turn to the right on ball of right foot placing weight onto left foot              |  |
| 23                       | Pivot ½ turn to the right on ball of left foot placing weight onto right foot              |  |
| 24                       | Pivot ¼ turn right on ball of right foot as you step forward on left                       |  |
| Now feeing the 2:00 well |  |  |

#### Now facing the 3:00 wall

#### STEP RIGHT, ½ PIVOT LEFT, STEP RIGHT, STEP LEFT, ½ PIVOT RIGHT, STEP LEFT, REPEAT

| 25-26-27 | Step right foot forward, pivot ½ turn left, step right foot forward |
|----------|---|
| 28-29-30 | Step left foot forward, pivot ½ turn right, step left foot forward  |
| 31-32-33 | Step right foot forward, pivot ½ turn left, step right foot forward |
| 34-35-36 | Step left foot forward, pivot ½ turn right, step left foot forward  |

#### STEP FORWARD RIGHT, STEP LEFT, STEP RIGHT, STEP BACK LEFT, STEP RIGHT, STEP LEFT

| 37-38-39 | Step right foot forward, step left next to right, step right in place |
|----------|---|
| 40-41-42 | Step left foot back, step right next to left, step left in place      |

# ROCK BACK RIGHT, ROCK WEIGHT TO LEFT, FULL TURN TO THE LEFT, REPEAT STARTING WITH LEFT FOOT

| 43-44 | Rock back on to right, replace weight onto left   |
|-------|---|
| 45    | Make a full turn to the left on ball of left foot stepping right foot next to left when turn is complete    |
| 46-47 | Rock back on to left, replace weight onto right   |
| 48    | Make a full1 turn to the right on ball of right foot stepping left foot next to right when turn is complete |

# 1/4 TURN ROCK RIGHT, ROCK LEFT, STEP RIGHT, ROCK LEFT, ROCK RIGHT, STEP LEFT TOE FAN, HEEL FAN

| 49-50-51 | Making a 1/4 turn right rock to right side, rock weight on to left foot, step right foot next to left |
|----------|---|
| 52-53-54 | Rock to left side, rock weight on to right foot, step left foot next to right                         |
| 55-56-57 | Fan right toes a ¼ to right, bring toes back in place, fan right toes a ¼ to right                    |
| 58-59-60 | Turn left heel a ¼ to left, bring heel back in place, turn left heel a ¼ to left                      |
| 0 . 1    |   |

On last 3 counts you should have made a 1/4 turn to the right

### STEP FORWARD & BACK, BUMP TWICE, ROCK FORWARD, ROCK BACK

| &61-62-63 | Step back on right, step forward on left, bump hips left, bump hips right |
|-----------|---|
| &64-65-66 | Step back on left, step forward on right, bump hips right, bump hips left |
| 67-68-69  | Rock forward on right, rock weight onto left, step right next to left     |

70-71-72 Rock left on to left foot, rock weight onto right, cross step left in front of right foot

### **REPEAT**

### Optional steps for counts 43 to 48

| 43 | Step right foot back and | swing hips right  | (turn body slight  | ly to right) |
|----|--------------------------|-------------------|--------------------|--------------|
| 70 | otop right foot back and | Swing inportagit, | tuili boay siigiit | iy to rigitt |

44-45 Rock weight to left foot, step right next to left (straighten body to face wall 3)

Step left foot back and swing hips left, (turn body slightly to left)

47-48 Rock weight to right foot, step left next to right (straighten body to face wall 3)