

Perfect Love

COPPER KNOB
BY STEPHEN BRETZ

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Michelle Denney (UK)
音乐: Perfect Love - Trisha Yearwood



RIGHT AND LEFT TOE AND HEEL TOUCHES

- 1-2 Right toe touch to right side and replace
- 3-4 Left toe touch to left side and replace
- 5-6 Right heel touch forward and replace
- 7-8 Left toe touch back and replace

RIGHT ROCK AND CROSS SHUFFLE

- 1 Rock right foot to right side
- 2 Replace weight back to left
- 3&4 Right foot cross shuffle to left

LEFT ROCK AND CROSS SHUFFLE

- 5 Rock left foot to left side
- 6 Replace weight back to right
- 7&8 Left foot cross shuffle to right

RIGHT ½ TURN AND CHASSE, CROSS ROCK, 2X ¼ TURNS, LEFT SIDE, RIGHT TOE TOUCH

- 1&2 Right foot ½ turn (to right) and straight into right chasse
- 3-4 Left foot cross rock over right
- 5 Left foot ¼ turn (to left)
- 6 Right foot ¼ turn (to left - completing a ½ turn)
- 7 Step left foot to left side
- 8 Touch right toe next to left foot

2X RIGHT KICK BALL CHANGE, ¼ PIVOT, FORWARD RIGHT AND LEFT WALK

- 1&2-3&4 Right foot kick-ball change and repeat
- 5 Step right foot to right side
- 6 Pivot ¼ turn to left
- 7 Step right foot forward
- 8 Step left foot forward

MAMBO ROCK FORWARD, MAMBO ROCK BACK, RIGHT AND LEFT FOOT SWIVELS

- 1&2 Right foot mambo rock forward and replace
- 3&4 Left foot mambo rock back and replace
- 5 Right foot swivel forward
- 6 Left foot swivel forward
- 7 Right foot swivel forward
- 8 Left foot swivel forward

JUMP FORWARD, JUMP BACK, FULL BODY ROLL

- 1-2 Jump forward and clap (leading with right foot)
- 3-4 Jump back and clap (leading with right foot)
- 5-8 Rotate body with full body roll

REPEAT

