

Perfect

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Double D (UK)
音乐: Perfect - Sara Evans



SIDE, TOGETHER, CHASSE, ROCK RECOVER, FULL TURN

1-2 Step right to right side, step left foot beside right
3&4 Step right to right side step left beside right step right to right side
5-6 Cross rock left over right, recover weight back right
7-8 Make a full turn over left shoulder stepping left right

Optional: miss out full turn count 7-8 and replace with step left side right behind

SIDE, TOGETHER, CHASSE ROCK RECOVER ¾ TURN

1-2 Step left to left side, step right beside left
3&4 Step left to left side, step right beside left, step left to left side
5-6 Cross rock right over left, recover weight back left
7-8 Make a ¾ turn over right shoulder stepping right, left

SYNCOPATED ROCK STEPS 1 & ½ TURN

1-2 Rock forward right recover weight left
&3-4 Step right beside left rock forward left recover weight right
&5-6 Step left beside right rock forward right recover weight left
7&8 Make 1 & ½ turn over right shoulder stepping right left right

Optional: miss out 1 ½ turn count 7&8 replace with triple ½ turn stepping right left right

CROSS POINT TWICE WEAVE ¼ TURN

1-2 Cross left over right, point right to right side
3-4 Cross right over left, point left to left side
5-8 Cross left over right, step right to right side, cross left behind right step right to right side making a ¼ turn right

ROCK BACK SHUFFLE, ROCK FORWARD SHUFFLE

1-2 Rock forward left recover weight back right
3&4 Step back left, step right beside left, step back left
5-6 Rock back on right recover weight forward left
7&8 Step forward right, step left beside right, step forward right

CROSS ¼, TRIPLE ½ TURN ROCK RECOVER ½ TURN

1-2 Cross left over right, make a ¼ turn left stepping back right
3&4 Make a triple turn over left shoulder stepping left, right, left
5-6 Rock forward right recover weight back left
7-8 Point right toe back unwind ½ turn over right shoulder on ball of left foot keeping weight left

REPEAT

TAG

At the end of wall 2, before wall 3

JAZZ BOX ¼ TURN, ¾ TURN

1-4 Cross right over left, step back on left, make ¼ turn stepping forward right, hold
5-8 Step forward left pivot ¾ turn over right, step left to left side, hold