Perfect



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Colleen Archer (AUS)

音乐: Perfect - Fairground Attraction



| 1&2 | Left sailor (step/cross left behind right, step right to right side, replace weight left) |
|--------------|---|
| 3&4 | Right sailor (step/cross right behind left, step left to left side, replace weight right) |
| 5-6 | Step left back, rock forward onto right |
| 7&8 | Shuffle forward (left-right-left) (12:00) |
| | |
| 1 | Turn $\frac{1}{4}$ left and rock back on right while raising left heel (left knee is bent, put right hand on hip, look over right shoulder to side) |
| 2 | Hold |
| 3-4 | Rock forward onto left (looking forward), hold |
| 5-6 | Turn $\frac{1}{4}$ left and step right to right side, touch left toe behind right (bow) |
| 7-8 | Step left to left side, touch right toe behind left (bow) (6:00) |
| 1-2 | Twist walks forward turning toes out, right, left |
| 3&4 | Small shuffle to right diagonal (right-left-right) |
| 5-6 | Twist walks forward turning toes out, left, right |
| 7&8 | Small shuffle to left diagonal (left-right-left) (6:00) |
| 1-2 | Step right forward, rock back on left |
| 3&4 | Shuffle back (right-left-right) |
| 5-6 | Turn ¼ left and step left to left side, kick right toward left diagonal |
| 7&8 | Right coaster (step right back, step left beside right, step right forward) (3:00) |
| 1-2 | Stop left fanyard to left diagonal, turn 1/ right taking weight onto right |
| 1-2 3-4& | Step left forward to left diagonal, turn ½ right taking weight onto right Left Dorothy step (step left forward, lock right behind left, step left slightly back) |
| 5-4& 5-6& | Right Dorothy step (step left forward, lock left behind right, step right slightly back) |
| 7-8 | Step left forward, turn ½ right taking weight onto right (straighten up) |
| | are danced toward right diagonal of 6:00 wall) (12:00) |
| | |
| 1-4 | Stomp left to left side, hold, stomp right to right side, hold (feet apart) |
| 5-6 | Twist both heels out, twist both heels in |
| 7-8 | Twist both toes in, twist both heels in (12:00) |
| 1-2 | Step/cross left forward over right, touch right toe slightly forward and to side and bump hips right |
| 3-4 | Step/cross right forward over left, touch left toe slightly forward and to side and bump hips left |
| 5-6 | Touch left toe across right, turn ½ right taking weight on left |
| 7-8 | Step right forward, kick left forward (6:00) |
| 1-2 | Step/cross left over right, step right back to right diagonal |
| & | Step left to center |
| 3-4 | Step/cross right over left, step left back to left diagonal |
| & | Step right to center |
| 5-6 | Step/cross left over right, step right back to right diagonal |
| 7-8 | Rock/step left to left side, replace weight onto right (6:00) |

REPEAT

FINISH

Dance eighth vanilla to count 30 (kick right toward left diagonal). Touch right toe across left, unwind $\frac{1}{2}$ left to finish facing front.