Perdido Sin Te (Lost Without You)



拍数: 48 墙数: 2 级数: Intermediate cha cha

编舞者: Chermaine Perera (SG)

音乐: Tu Recuerdo (Lost Without You) (feat. Obie Bermudez) - Ilegales



INTRO

Start with feet apart

SWAY LEFT, SWAY RIGHT

1-2 Sway hip to left, sway hip to right

THE MAIN DANCE

STEP, CROSS ROCK RECOVER, SIDE SHUFFLE 1/4 TURN, PIVOT 1/4 TURN, CROSS SHUFFLE

OTEL , CINO	O ROOK RECOVER, SIDE SHOLLE /4 LORIN, LIVOT /4 LORIN, CROSS	OI IOI I LL
1	Step left to left	

2-3 Cross rock right over left, recover weight onto left

4&5 Right shuffle stepping right to right side step left together, ¼ turn right step right forward

6-7 Step left forward, pivot ¼ turn right

8&1 Cross shuffle stepping left over right, step right to right side, cross left over right

SIDE ROCK, BEHIND SIDE CROSS, ROCK 1/4 TURN FLICK, FORWARD SHUFFLE

2-3 Rock right to right, recover weight onto left

4&5 Step right behind left, step left to left side, cross right over left

6-7 Rock left to left (with body angle left diagonal), recover weight onto right with a ¼ turn right

and flick left behind

8&1 Forward shuffle stepping left forward, close right beside left, step left forward

ROCK RECOVER 1/4 TURN, CROSS BACK BACK, CLOSE RIGHT, STEP LEFT, FORWARD SHUFFLE

2&3 Rock right forward, recover weight onto left with a ¼ turn right, step right to right

4&5 Cross left over right, ¼ turn left step right back, step left back

6-7 Close right beside left, step forward left

8&1 Forward shuffle stepping right forward, close left beside right, step right forward

FULL TURN BACK, SWEEP COASTER STEP, REPEAT

2-3 Make a ½ turn left, step left forward, continue another ½ turn left step back on right at the

same time sweep left from front to back (full turn traveling back)

4&5 Step left back, step right together, step left forward

6-7 Make a ½ turn right, step right forward, continue another ½ turn right step back on left at the

same time sweep right from front to back (full turn traveling back)

Step right back, step left together, step right forward

STEP LOCK, STEP LOCK STEP, 1/4 TURN, SKATE RIGHT, LEFT, DIAGONAL FORWARD SHUFFLE

2-3 Step left forward, lock right behind left

4&5 Step left forward, lock right behind left, step left forward

6-7 Make a ¼ turn right, skate right to right diagonal, skate left to left diagonal (travel forward

slightly)

8&1 Diagonal forward shuffle stepping right forward diagonal right, close left to right, step right

forward diagonal right

CROSS ROCK RECOVER 1/4 TURN, STEP HITCH 1/4 TURN, CROSS 1/2 TURN, SWAY LEFT, RIGHT

2&3 Cross rock left over right, recover weight onto right, ¼ turn left step left forward

4-5 Step right forward, hitch left with a ¼ turn right

6&7 Cross left over right, ¼ turn left step right back, ¼ turn left, step left to left and sway hip to left

8 Sway hip to right

REPEAT

ENDING

6th wall will be the last wall of the dance. Dance till first 2 counts of section 3, but instead of rock $\frac{1}{2}$ turn right, continue another $\frac{1}{2}$ turn right, step left to left and drag right to left to end the dance facing the front