# Penguin



拍数: 32 墙数: 4 级数: Beginner

编舞者: Gerry Haga

音乐: Penguins - Lyle Lovett



## RIGHT KICK-BALL-CHANGE (TWICE):

1	Kick right foot forward
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& Step in place with ball of right foot

2 Step in place with left foot 3 Kick right foot forward

& Step in place with ball of right foot

4 Step in place with left foot

# KICK, STOMP, KICK-BALL-CHANGE:

5 Kick right foot forward

6 Stomp (down) with right foot next to left foot

7 Kick left foot forward

& Step in place with ball of left foot 8 Step in place with right foot

## KICK-BALL-CHANGE, KICK, STOMP:

9 Kick left foot forward

& Step in place with ball of left foot 10 Step in place with right foot

Kick left foot forward 11

12 Stomp (down) with left foot next to right foot

# SPLIT, CROSS, RESET (X 2):

& Step to right side with right foot 13 Touch left heel forward-left

& Place ball of left foot next to right foot 14 Step across in front of left leg with right foot

& Step to left side with left foot 15 Touch right heel forward-right

Place ball of right foot next to left foot &

Step across in front of right leg with left foot 16

#### STOMP, POINT SIDE, POINT FORWARD, POINT SIDE:

17 Stomp (down) with right foot next to left foot

18 Point left toe to left side

19 Touch left toe forward-right in front of right foot

20 Point left toe to left side

#### STOMP, POINT SIDE, POINT FORWARD, POINT SIDE:

21 Stomp (down) with left foot next to right foot

22 Point right toe to right side

23 Touch right toe forward-left in front of left foot

24 Point right toe to right side

### 1/4 TURN, WALK, WALK, HITCH:

25 Pivot ¼ turn right on ball of left foot, step forward with right foot Step forward with left foot
Step forward with right foot
Hitch up left knee

# STEP, TOUCH, BACK, STOMP:

Step forward with left footTouch right toe next to left foot

31 Step back with right foot

32 Stomp (down) with left foot next to right foot

# **REPEAT**