

# Patient Heart

**COPPER** **KNOB**  
BY STEPSHEETS

拍数: 48                      墙数: 2                      级数: Intermediate  
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音乐: Patient Heart - Bekka & Billy



## WALK, WALK, SHUFFLE

1-2-3&4                      Step forward right, step forward left, shuffle forward right (right-left-right)

## STEP, ¼ TURN, CROSS SHUFFLE

5-6-7&8                      Step forward left turning ¼ turn right stepping onto right, cross shuffle left over right (left-right-left)

## SIDE ¼ TURN, TOUCH BACK ½ TURN, SHUFFLE

1-2-3&4                      Step right to right side turning ¼ turn left, step back on left turning half turn left, shuffle forward right (right-left-right)

## STEP, TURN ¼ PLUS 1/8 TURN RIGHT, (DIAGONAL) CROSS, LOCK, STEP, LOCK, STEP

1-2-3&4                      Step forward left turning ¼ plus 1/8 turn right onto right, (diagonal right, traveling) cross left over right, lock right behind left, step forward left

&5                              Lock right behind left, step forward left

6-7&8                        Turning 45 degrees right (straightening up) double kick right over left, ball change together right, left

## SCUFF RIGHT ¼ TURN, SCUFF LEFT, STEP LEFT ½ TURN

1-2-3-4                      Scuff right, turning ¼ turn right step on right, scuff left, turning half turn right step onto left

## SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT

1&2-3&4                      Shuffle forward right (right-left-right), shuffle forward left (left-right-left)

## SYNCOPATED- OUT OUT IN IN, DOUBLE HEEL BOUNCE

&1&2-3-4                      Jump feet apart right, left, jump feet together right, left, double heel bounce

## SCUFF RIGHT, TOUCH TOE, HEEL, HEEL, SCUFF LEFT, TOUCH TOE, HEEL, HEEL

1-2-3-4                      Scuff right 45 degrees over left, touch right toe to 45 degrees right, tap right heel, tap right heel (end weight right and body angled at 45 degrees right)

1-2-3-4                      Scuff left 45 degrees over right, touch left toe to 45 degrees left, tap left heel, tap left heel (end weight left and body angled at 45 degrees left)

## KICK RIGHT BALL CHANGE TWICE

1&2-3&4                      Kick right ball change 45 degrees over left (kick right, step right, step left), kick right ball change over left turning ¼ left

## STEP FORWARD RIGHT, ½ TURN PIVOT, ½ TURN PIVOT

1-2-3-4                      Step forward right 45 degrees left, pivot half turn left, step forward right, pivot half turn left

## REPEAT

## BRIDGE:

Bridge occurs at the end of walls 3, 6 & 8. At the end of these walls please add the following:

## STEP RIGHT, CROSS LEFT BEHIND, SHUFFLE SIDE RIGHT, KICK BALL CHANGE, KICK BALL CHANGE

1-2-3&4                      Step right to right, cross left behind right, side shuffle right (right-left-right)

5&6-7&8                      Kick left ball change 45 degrees over right, kick left ball change 45 degrees over right turn a full turn left, side shuffle left, kick right ball change, kick right ball change

1-2-3&4  
5&6-7&8

Traveling turn a full turn left stepping left, right, side shuffle left (left-right-left)  
Kick right ball change 45 degrees over left, kick right ball change 45 degrees over left

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