

Past Tense

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Never - Tina Arena



ROCK, RECOVER, ½ TURN RIGHT, SIDE, ROCK, CROSS, SHUFFLE RIGHT, LEFT SAILOR STEP

1-2 Rock forward on right, recover onto left
3 Making ½ turn right step forward on right
4&5 Rock left onto left, recover weight onto right, cross step left over right
6&7 Step right on right foot, step left next to right, step right onto right
8&1 Step left behind right, step right foot to right side, step left and slightly forward on left

TOUCH, TURN, SHUFFLE FORWARD, STEP, ½ TURN, ½ TURN, ½ TURN

2-3 Touch right behind left, make ½ turn right shifting weight onto right
4&5 Step left forward, step right beside left, step left forward
6-7 Step forward on right, turn ½ turn left stepping on left
8-1 Stepping forward on right turning ½ turn right, stepping back on left make ½ turn right

HEEL BALL CROSS, STEP, SAILOR STEP, TOUCH TURN

2&3 Touch right heel forward, step onto right, cross left over right taking weight
4 Step right to right side
5&6 Step left behind right, step right foot to right side, step forward of left foot
7-8 Touch right foot behind left, make ½ turn right shifting weight onto right foot

SHUFFLE FORWARD, STEP ½ TURN, STEP ¼ TURN, SWITCHES

1&2 Step left forward, step right beside left, step left forward
3-4 Step forward on right, make ½ turn left taking weight left
5-6 Step forward on right, make ¼ turn left taking weight left
7&8& Touch right forward, touch left forward, touch right forward, step left forward

REPEAT
