

# Party Up

**COPPER KNOB**  
STEPSHEETS

拍数: 0      墙数: 4      级数: Intermediate  
编舞者: Judy McDonald (CAN)  
音乐: Get the Party Started - P!nk



Sequence: AB, AB, AAB, AAA

## PART A

32 count chorus & instrumental

**RIGHT STEP SIDE, LEFT TOUCH FORWARD, LEFT STEP SIDE, RIGHT TOUCH FORWARD**

1-2            Step right to side, touch left forward

3-4            Step left to side, touch right forward

**Add some arms to this. On count 2 put right arm straight up and left straight down. Reverse on count 4**

**RIGHT STEP SIDE, LEFT TOUCH FORWARD, LEFT STEP SIDE, RIGHT TOUCH FORWARD**

5-6            Step right to side, touch left forward

7-8            Step left to side, touch right forward

**Add some arms to this. On count 6 put right arm straight up and left straight down. Reverse on count 8**

**RIGHT STEP ¼ TURN WITH UPPER BODY ISOLATIONS FRONT, BACK, FRONT, BACK, FRONT, BACK**

1-2            Make ¼ turn right step and push torso forward, push torso back

3&4&        Push torso forward, push torso back, push torso forward, push torso back

**Weight will be on left**

**RIGHT STEP FORWARD, LEFT STEP TOGETHER, RIGHT STEP FORWARD, LEFT TOUCH**

5-6            Step right forward, step left beside right

7-8            Step right forward, touch left beside right

**LEFT STEP SIDE PUSHING SHOULDER LEFT FOR 4 COUNTS**

1-4            Step left to side while pushing shoulders left four times on each count

**This will shift your weight to the left foot**

**RIGHT KNEE IN, RIGHT KNEE OUT, RIGHT KNEE IN, RIGHT KNEE OUT, LEFT TOUCH**

5-6            Turn right knee in towards left, turn right knee out

7&8&        Turn right knee in, turn right knee out, turn right knee in, turn right knee out while shifting weight to right and touch left beside right

**LEFT STEP SIDE, RIGHT TOUCH, RIGHT KICK BALL CHANGE**

1-2            Step left to side, touch right beside left

3&4            Kick right forward, step right back, step left in place

**RIGHT TOE STRUT, LEFT CROSS TOE STRUT**

5-6            Touch right toe to side, drop right heel

7-8            Touch left toe across in front of right, drop left heel

## PART B

48 count verse

**RIGHT SIDE SHUFFLE, LEFT ROCK, RIGHT STEP**

1&2            Step right to side, step left beside right, step right to side

3-4            Step left back, step right in place

**LEFT KICK BALL CHANGE TWICE**

5&6            Kick left forward on left diagonal, step left back, step right across in front of left

7&8 Kick left forward on left diagonal, step left back, step right across in front of left

**LEFT STEP SIDE, RIGHT TOUCH BACK, RIGHT STEP SIDE, LEFT TOUCH BACK**

1-2 Step left to side, touch right behind left

3-4 Step right to side, touch left behind right

**LEFT STEP SIDE, RIGHT TOUCH BACK, RIGHT TOUCH SIDE, RIGHT TOUCH BACK**

5-6 Step left to side, touch right behind left

7-8 Touch right to side, touch right behind left

**RIGHT TOE STRUT SIDE, LEFT CROSS TOE STRUT**

1-2 Touch right toe to side, drop right heel

3-4 Touch left toe across in front of right, drop left heel

**RIGHT JAZZ BOX MAKING ½ TURN RIGHT**

5-8 Cross right over left, step left back, step right to side, step left forward

**Do this while making a ½ turn to the right**

**RIGHT TOE STRUT FORWARD, LEFT TOE STRUT FORWARD**

1-2 Touch right toe forward, drop right heel

3-4 Touch left toe forward, drop left heel

**CIRCLE HIPS TO THE LEFT**

5-8 Circle hips to the left for 4 counts

**HIP BUMPS RIGHT, LEFT, RIGHT STEP, LEFT ROCK BACK, RIGHT STEP**

1&2 Step right to side and bump hips right, bump hips left, step right in place

3-4 Step left back, step right in place

**HIP BUMPS LEFT, RIGHT, LEFT STEP, RIGHT ROCK BACK, LEFT STEP**

5&6 Step left to side and bump hips left, bump hips right, step left in place

7-8 Step right back, step left in place

**RIGHT TOUCH, RIGHT STEP, LEFT TOUCH, LEFT STEP**

1-2 Touch right forward, step right in place

3-4 Touch left forward, step left in place

**RIGHT KICK, RIGHT STEP, LEFT TOUCH, LEFT STEP, RIGHT KICK, RIGHT STEP, LEFT STEP**

5&6& Kick right forward, step right in front of left, touch left behind right, step left in place

7&8 Kick right forward, step right in front of left, step left beside right

**BIG FINISH**

**First 5 counts of Part A (facing 3:00). End with left hand on hip, right hand behind head and look to the front!  
Too girlie? Then guys, fold your arms and just look cool!**

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