

Parragon Shuffle

COPPER **NOB**
STEPSHEETS

拍数: 46 墙数: 0 级数:
编舞者: Jean Miles (UK) & John Miles (UK)
音乐: Unknown



Position: Side-By-Side (Sweetheart)

LEFT HEEL, TOUCH, HEEL, TOGETHER

1-2 Left heel touch forward, touch back in place
3-4 Left heel touch forward, step back in place

RIGHT HEEL, TOUCH, HEEL, TOUCH

5-6 Right heel touch forward, touch back in place
7-8 Right heel touch forward, touch back in place

RIGHT STEP AND PIVOT, STEP AND PIVOT

9-10 Step right forward (drop right hands) pivot ½ turn to left
11-12 Step right forward, pivot ½ turn to left (back into sweetheart)

RIGHT FORWARD, SLIDE, FORWARD AND SCUFF

13-14 Step right forward, slide left up to right foot
15-16 Step right forward, brush left forward

LEFT STEP AND PIVOT, LEFT STEP AND PIVOT

17-18 Step left forward, pivot ½ turn to right
19-20 Step left forward (drop left hands) pivot ½ turn to right (back into sweetheart)

LEFT FORWARD, SLIDE, FORWARD AND STOMP

21-22 Step left forward, slide right up to left
23-24 Step left forward, stomp right in place

SWIVEL HEELS RIGHT, CENTER, LEFT, CENTER (FEET TOGETHER)

25-26 Swivel heels to the right, swivel back to center
27-28 Swivel heels to the left, swivel back to center

RIGHT HALF HOOK AND GRAPEVINE

29-30 Right heel touch forward, hook right across left leg
31-32 Right step to side, left step behind right
33-34 Right step to side, left touch beside right

LEFT HALF HOOK AND GRAPEVINE

35-36 Left heel touch forward, hook left across right leg
37-38 Left step to side, right step behind left
39-40 Left step to side, right touch beside left

SHUFFLES

41-42 Right shuffle forward (right, left, right)
43-44 Left shuffle forward (left, right, left)
45-46 Right shuffle forward (right, left, right)

REPEAT

