

Pardon My French

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Michele Perron (CAN) & Kathy Hunyadi (USA)
音乐: Hearing It In French - Eddy Raven



CROSS, STEP, ¼ TURN RIGHT, HEEL LIFT & HITCH, CROSS, STEP, TOGETHER, HOLD/CLAP

1-2 Cross step right foot in front of left, step left slightly back starting ¼ turn to right
3-4 Step right foot forward completing ¼ turn, lift right heel and hitch left knee up
5-6 Cross step left foot in front of right, step right foot back
7-8 Step left beside right, hold/clap

CROSS, STEP, ¼ TURN RIGHT, HEEL LIFT & HITCH, CROSS, STEP, TOGETHER, HOLD/CLAP

1-2 Cross step right foot in front of left, step left slightly back starting ¼ turn to right
3-4 Step right foot forward completing ¼ turn, lift right heel and hitch left knee up
5-6 Cross step left foot in front of right, step right foot back
7-8 Step left beside right, hold/clap

CROSS, BALL, CROSS, BALL, CROSS, STEP, TOGETHER, SCUFF (TRAVEL TO LEFT)

1-2 Cross step right foot in front of left, step ball of left to left side
3-4 Cross step right foot in front of left, step ball of left to left side
5-6 Cross step right foot in front of left, step left to left side
7-8 Step right beside left, scuff left foot forward and across

CROSS, BALL, CROSS, BALL, CROSS, STEP, TOGETHER, SCUFF (TRAVEL TO RIGHT)

1-2 Cross step left foot in front of right, step ball of right to right side
3-4 Cross step left foot in front of right, step ball of right to right side
5-6 Cross step left foot in front of right, step right to right side
7-8 Step left beside right, scuff right foot forward

ROCK FORWARD, RECOVER, STEP, HOLD, ROCK FORWARD, RECOVER, STEP, HOLD

1-2 Rock right foot forward & across left foot, recover weight to left foot
3-4 Step right foot to side, hold
5-6 Rock left foot forward & across right foot, recover weight to right foot
7-8 Step left foot to side, hold

FORWARD, HITCH, FORWARD, HITCH, ROCK, RECOVER, ROCK, HOLD

1-2 Step forward on right foot, hitch left knee
3-4 Step forward on left foot, hitch right knee
5-6 Rock forward on right foot, recover weight to left foot
7-8 Rock forward on right foot, hold

BACK, HITCH, BACK, HITCH, ROCK, RECOVER, ROCK, HOLD

1-2 Step back on left, hitch right knee
3-4 Step back on right, hitch left knee
5-6 Rock back on left, recover weight to right
7-8 Rock back on left, hold

TURN, HITCH, TURN, HITCH, FOUR RUNNING STEPS

1-2 Execute ¼ turn right and step forward on right, hitch left knee
3-4 Execute ¼ turn right and step forward on left, hitch right knee

5-6-7-8 Take 4 'running' steps forward while executing a $\frac{3}{4}$ turn right (for a total of 1 and $\frac{1}{4}$ turns to right)

REPEAT

BREAK

On the 3rd wall, just do the first 32 counts of dance and the 4 count break and start the dance over from the beginning. (i.e. Do 64 counts then 4 count break, 64 counts then 4 count break, 32 counts then 4 count break, then continue the dance with the 64 counts, 4 count break pattern to the end of song)

STOMP, HOLD, RECOVER

1 Stomp right foot forward
2-3 Hold
4 Recover weight to left foot
