

Paralysed

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数:
编舞者: Barbara Stocks (AUS)
音乐: Paralyzed - Ronnie McDowell



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|-------|---|
| 1-4 | Vine forward,(right, left, right; hold) |
| 5-8 | Vine back,(left, right, left, hold) |
| 9-12 | Vine right,(right, left, right, hold) |
| 13-16 | Vine left,(left, right, left, hold) |
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| 17-20 | Vine forward on right at 45 degrees,(right, left, right,) slap left foot behind with right hand |
| 21-24 | Vine forward on left at 45 degrees (left, right, left,) slap right foot behind with left hand |
| 25-28 | Vine back (right, left, right, hold) |
| 29-32 | Turning ¼ turn left, vine forward, (left, right, left,) slap right foot behind with left hand |
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| 33-36 | Turning ½ turn right, vine forward, (right, left, right,) slap left foot behind with right hand |
| 37-40 | Vine left,(left, right, left, hold) |
| 41-44 | Vine right,(right, left, right, hold) |
| 45-48 | Touch left toe forward, left toe to side left, tap left heel twice, taking weight on left |
| | |
| 49-52 | Touch right toe forward, right toe to side right, tap right heel twice, keeping weight on left (feet should now be apart) |
| 53-56 | For count of two, step right to center, for count of two, step left foot next to right |
| 57-60 | For count of two, step forward on right, for count of two, step left next to right. |
| 61-64 | For count of two, step back on right, for count of two, step left next to right. |

REPEAT
