Paradise Waltz (P)



编舞者: Sal Gonzalez (USA) 音乐: Any favorite waltz music



Position: Couples start in sweetheart position. Holding hands right with right, and left with left, facing LOD

FORWARD TURNING WALTZ, BACK TURNING WALTZ

(Do not release hands, raise left hand over lady)

1 Stride forward with right and begin making ½ right turn with the step (facing RLOD and do not

release hands)

- Step slightly back of left footStep right foot next to left
- 4 Stride back with left and begin making a ½ right turn with the step (facing LOD release right

hands and pick up again behind mans back)

- 5 Step slightly forward on right foot. (releasing left hands)
- 6 Step left foot next to right

MAN - TWO FORWARD WALTZES; LADY - TWO TURNING WALTZES

7-9 MAN: Forward right, left, right (man leads lady by raising right hand above lady head and

letting the lady's hand rotate in the man's palm)

LADY: Stride forward on right foot and make a full right turn with three steps (man will pick-up

her left hand in front with the man's left to start left turn)

10-12 MAN: Forward left, right, left (release both right hands, and raise left hand above lady's head

to start turn)

LADY: Stride forward on left foot and make a full left turn with three steps (man will pick-up

her right hand on count 6 bringing it to her right hip)

WHEEL BASIC

13-18 Man leads lady in a 6 count wheel (in sweetheart position, man has his right hand on her

right hip)

FOUR FORWARD WALTZES

(Do not release hands)

20 Step left foot slightly beyond right (still facing outside of circle)

21 Step right foot behind left (still facing outside of circle)

22 Stride forward with left and face line of dance

23 Step right foot slightly beyond left

24 Step left foot next to right

25 Stride forward with right and begin opening up right

26 Step left foot slightly beyond right (still facing outside of circle)

27 Step right foot behind left (still facing outside of circle)

28 Stride forward with left and face line of dance

29 Step right foot slightly beyond left

30 Step left foot next to right

TWO FORWARD WALTZES

31-33	Forward right, left, i	riaht

34-36 Forward left, right, left (man brings right hand from lady's right hip to sweetheart position by

moving it upon lady's shoulder before count 5)

FORWARD WALTZ. TURNING WALTZ

37	Stride forward with right foot
38	Step left foot slightly beyond right
39	Step right foot next to left (start raising right hand over lady's head)
40	Stride forward with left and begin making a ½ left turn with a step (both facing RLOD

releasing left hand and pick it up at count 6)

41 Step slightly beyond back of right foot

42 Step left foot next to right (pick up her left hand in front with man's left)

BACK, DRAG, TURNING WALTZ

(Do not release hands)

43 Stride back with right foot

44-45 Drag left foot slowly together to the supporting foot

Stride forward with left foot (release man's right, raise left over lady's head and pickup right

on count 6)

47 Step forward on left foot and pivot ½ turn left

48 Shift weight forward to left foot (pickup her right hand in sweetheart position)

FORWARD WALTZ. MAN: TURNING WALTZ; LADY: FORWARD WALTZ

Stride forward on right foot
Step left foot slightly beyond right
Step right foot next to left

52-54 MAN: Make a 3 count turn left and arrive at new partner

LADY: Forward left, right, left to new partner

FORWARD WALTZ, FORWARD WALTZ

55 Stride forward on left foot

56 Step left foot slightly beyond right

57 Step right foot next to left 58 Stride forward on left foot

59 Step right foot slightly beyond left

Step left foot next to right

REPEAT