

# Paradise Island

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Mark Cosenza (USA)  
音乐: Live, Laugh, Love - Clay Walker



Additional styling notes provided by Glen Pospieszny

## SIDE SHUFFLE RIGHT, SIDE SHUFFLE LEFT, ½ TURN RIGHT, STEP RIGHT, LEFT, HEEL TWIST RIGHT & LEFT, RIGHT

1&2      Side shuffle, right, left, right

3&4      Side shuffle left, right, left

**Style note: for counts 1-4 face front and point toes in the direction of movement**

&5      On ball of left, pivot ½ turn to right, step down on right

6      Step left next to right while twisting heels to the left

7&8      Twist heels right, left, right and turn ¼ left on count 8

## RIGHT SCUFF & HITCH, CROSS, ¾ TURN LEFT HEEL BOUNCE, SIDE RIGHT & LEFT ACROSS, SIDE RIGHT, BEND DOWN, ¼ LEFT/BACK UP

1&2      Scuff right forward, hitch and cross over left

3-4      Pivot with both feet ¾ left bouncing heels to ground twice

**You should now be facing new wall with left crossed over right**

5&6      Step right side right, cross left in front of right, step right side right

7      Bend knees down

8      Pivot with both feet ¼ left with knees coming up as you turn

## STEP RIGHT, LEFT TOGETHER, RIGHT SYNCOPATED MAMBO, LEFT BEHIND, RIGHT TOGETHER, SIDE LEFT & RIGHT, SIDE LEFT & HOOK RIGHT

1-2      Step right forward, step left next to right

3&      Rock right forward, recover back on left

4      Step back right

5-6      Step left down behind right, step right next to left

7&8&      Step left side left, step right next to left, step left side left, hook right in front of left

**Advanced Dancers:**

4      Turning ½ to right, step right down on ball of foot

5-6      Pivoting ½ right, step left down behind right, step right next to left

## DIAGONAL RIGHT & LOCK LEFT, DIAGONAL RIGHT, STEP LEFT, RIGHT, ROCK LEFT, RECOVER RIGHT, BACK LOCK SHUFFLE LEFT & RIGHT, LEFT

1&2      Angling right (2:00), step forward on right, lock left behind right, step forward on right

3      Step left forward

4      Step right forward

5-6      Rock left forward, recover back on right

**Counts 1-6 are all facing 2:00**

7&8      Facing forward, back lock step by crossing left over right, back step right, back step left

**Style note: counts 7-8, face directly to wall, toes should continue to face 2:00 right angle as you move directly back**

**Advanced Dancers:**

3      Step left forward and pivot full turn right on ball of left

**REPEAT**

## ALTERNATIVE MOVE RECOMMENDATION (OPTIONAL)

First wall only

1-4 Stomp down on right and point hands down  
&5 Pivot ½ turn right on left and continue dance as written.

**This phrases with the beginning instrumental break**

### **TAG**

**Following first 3 minutes of song there is a distinct break in the music (a false ending) that follows count 8 of the dance. During this break which consists of an approximately 4 count drum beat:**

1&2&3 Rock forward right, recover left, back right, recover left, stomp right

4 Hold and wait for music to begin again

**Begin dance again from count 1. If you don't want to do this tag, you may just opt to end dance at this point or freeze during break and resume dance from count 1 when music begins.**

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