

Paradise Cha Cha

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Cherryl Tonner (UK)
音乐: Paradise - Kaci



Start the dance when the music kicks in. She sings "When I'm with you its paradise". Take step 1 on the "dise" of "paradise"

SIDE, LEFT CROSS ROCK, CHASSE LEFT, KICK, STEP, LEFT COASTER STEP

1-3 Step right foot to right side, cross-rock left foot over right, rock weight back onto right foot
4&5 Step left foot to left side, step right foot towards left, step left foot to left side
6-7 Small kick right foot diagonally right, step right foot behind left
8&1 Step left foot back, step right foot beside left, step left foot forward

STEP-TOUCH, BACK-TOUCH, STEP-LOCK-STEP, ROCK STEP, BACK-LOCK-BACK

2& Step right foot forward (directly in front of left), touch left toe behind heel of right foot
3& Back left foot directly back, cross-touch right toe back & across outside of left foot
4&5 Step right foot forward, lock left foot behind right, step right foot forward
6-7 Rock left foot forward, rock weight back onto right foot
8&1 Step left foot back, lock right foot over left, step left foot back

For ease of dancing, let hips turn slightly left during steps 2-5 of this section while keeping upper body facing forward

¼ TURN RIGHT, RIGHT SIDE ROCK, BEHIND-&-CROSS, HIP SWAYS RIGHT LEFT RIGHT, ¼ TURN RIGHT

2 On ball of left foot make ¼ turn right stepping right foot to right side
3 Recover weight onto left foot (sway rather than rock)
4&5 Step right foot behind left, step left foot to left side, cross-step right foot over left
6-7 Step left foot to left side swaying body left, sway weight onto right foot
8-1 Sway weight onto left foot, sway onto right making ¼ turn right (weight on right foot)

LATIN WALK FORWARD, STEP-LOCK-STEP, ROCK STEP, SHUFFLE ¾ TURN RIGHT

2-3 Step left foot forward (crossing slightly in front of right), step right foot forward (crossing slightly in front of left)
4&5 Step left foot forward, lock right foot behind left, step left foot forward
6-7 Rock forward onto right foot, recover weight back onto left foot
8 Step right foot ¼ turn right
& On ball of right turn ½ turn right stepping left foot beside right

Count 1 of the dance will complete the ¾ turn shuffle right

REPEAT