

# Paradise Cha

**COPPER KNOB**  
BY STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Michelle Bain (UK) & Mandy Bain (UK)  
音乐: Paradise (Metro Radio Edit) - Kaci



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## SKATE STEPS FORWARD, SIDE SHUFFLE, UNWIND, SHUFFLE FORWARD

1-2      Skate forward on right, skate forward on left  
3&4      Step right to right, close left to right, step right to right side  
5-6      Cross left over right, unwind full turn right  
7&8      Step left forward, close right to left, step left forward

## ROCK REPLACE, LOCK STEPS BACK, ½ TURN, POINT

1-2      Rock forward on right, replace weight onto left  
3&4      Step back on right, cross left in front of right, step back on right  
5-6      Make ½ a turn left stepping forward on left, point right toe to right side  
7-8      Cross right in front of left, point left toe to left side

## CROSSING SHUFFLE, ¼ TURN FLICK, SHUFFLE FORWARD, FULL TURN

1&2      Cross left in front of right, step right to right side, cross left in front of right  
3-4      Point right toe to right side, make a ¼ turn left flicking right back and up  
5&6      Step right forward, close left to right, step right forward  
7-8      Step forward on left make ½ turn right, make another ½ turn right stepping on right (full turn)

## CROSS ROCKS, RECOVER STEPS

1&2      Cross rock left in front of right, replace weight onto right, step left to side  
3&4      Cross rock right in front of left, replace weight onto left, step right to side  
5&6      Cross rock left in front of right, replace weight onto right, step left to side  
&7&8      Step right to right side, cross rock left in front of right, replace weight onto right, step left to left side

**REPEAT**

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