

Paradise Cha

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Michelle Bain (UK) & Mandy Bain (UK)
音乐: Paradise (Metro Radio Edit) - Kaci



SKATE STEPS FORWARD, SIDE SHUFFLE, UNWIND, SHUFFLE FORWARD

1-2 Skate forward on right, skate forward on left
3&4 Step right to right, close left to right, step right to right side
5-6 Cross left over right, unwind full turn right
7&8 Step left forward, close right to left, step left forward

ROCK REPLACE, LOCK STEPS BACK, ½ TURN, POINT

1-2 Rock forward on right, replace weight onto left
3&4 Step back on right, cross left in front of right, step back on right
5-6 Make ½ a turn left stepping forward on left, point right toe to right side
7-8 Cross right in front of left, point left toe to left side

CROSSING SHUFFLE, ¼ TURN FLICK, SHUFFLE FORWARD, FULL TURN

1&2 Cross left in front of right, step right to right side, cross left in front of right
3-4 Point right toe to right side, make a ¼ turn left flicking right back and up
5&6 Step right forward, close left to right, step right forward
7-8 Step forward on left make ½ turn right, make another ½ turn right stepping on right (full turn)

CROSS ROCKS, RECOVER STEPS

1&2 Cross rock left in front of right, replace weight onto right, step left to side
3&4 Cross rock right in front of left, replace weight onto left, step right to side
5&6 Cross rock left in front of right, replace weight onto right, step left to side
&7&8 Step right to right side, cross rock left in front of right, replace weight onto right, step left to left side

REPEAT
