

Papa Loves Mambo

COPPER KNOB
BY STEPHENETS

拍数: 0 墙数: 0 级数:
编舞者: Masters In Line (UK)
音乐: Papa Loves Mambo - Perry Como



Sequence: AAB AA AAB AAB

PART A

SIDE, ROCK, CROSS, KICK TWICE

- 1-2-3-4 Rock left foot to left side, recover weight onto right foot, cross left foot over right foot, kick right foot forward
5-6-7-8 Repeat steps 1-4 on right foot

MAMBO FORWARD, KICK, BACK, LOCK, STEP, KICK

- 1-2-3-4 Rock forward on left foot, recover weight onto right foot, step back on left foot, kick right foot forward
5-6-7-8 Step back on right foot, lock left foot over right foot, step back on right foot, kick left foot forward

BACK ROCK ½, BACK ROCK ¼

- 1-2-3-4 Rock back on left foot, recover weight onto right foot, make a ½ turn right and step back on left foot, hold
5-6-7-8 Rock back on right foot, recover weight onto left foot, make a ¼ turn left and step left foot to left side, hold

BACK ROCK ½, COASTER STEP

- 1-2-3-4 Rock back on left foot, recover weight onto right foot, make a ½ turn right and step back on left foot, hold
5-6-7-8 Step back on right foot, step left foot next to right foot, step forward on right foot, hold

PART B

STEP ½ TURN STEP HOLD, STEP ½ TURN STEP HOLD

- 1-2-3-4 Step forward on left foot, pivot ½ turn right, step forward on left foot, hold
5-6-7-8 Step forward on right foot, pivot ½ turn left, step forward on right foot, hold

FULL TURN TRIPLE STEP RIGHT, HOLD, RUN RIGHT, LEFT, RIGHT, HOLD

- 1-2-3-4 Make a ½ turn right and step back on left foot, make a ½ turn left and step forward on right foot, step forward on left foot, hold
5-6-7-8 Bending knees run forward, right, left, right, straightening knees as you finish, hold

SIDE, CROSS, SIDE, KICK TWICE

- 1-2-3-4 Step left foot back to left diagonal, cross right foot over left, step left foot back to left diagonal, kick right foot to right diagonal
5-6-7-8 Step right foot back to right diagonal, cross left foot over right, step right foot back to right diagonal, kick left foot to left diagonal

WALK AROUND FULL TURN, LEFT SHUFFLE

- 1-2-3-4 Make a ½ turn left and step forward on right foot, hold, step forward on right foot, hold
5-6-7-8 Make a quick ½ turn left on ball of right foot, step forward on left foot, step right next to left, step forward on left foot

WEAVE TO LEFT, CROSS, ROCK, RECOVER, HOLD

- 1-2-3-4 Cross right foot over left, step left to left side, cross right foot behind left, step left to left side

5-6-7-8 Cross rock right foot over left, recover weight onto left foot, step right foot to right side, hold

WEAVE TO RIGHT, CROSS, ROCK, RECOVER, HOLD

1-8 Repeat steps 33-40 weaving to right

STOMPS WITH TOE FANS TWICE

1-2-3-4 Stomp right foot forward, fan toes out to right, fan toes to left, fan toes to right

5-6-7-8 Stomp left foot forward, fan toes out to left, fan toes to right, fan toes to left

STEP ½ TURN, STEP, STEP FORWARD, TOGETHER, PULL BACK, THRUST, HOLD

1-2-3-4 Step forward on right foot, pivot ½ turn left, step forward right foot, step forward on left foot

5-6-7-8 Step right foot next to left foot, pull hips back (preparing to thrust forward), thrust hips forward, hold
