

Panther

COPPER KNOB
BY STEPHEN BATES

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Rob Fowler (ES)
音乐: Respect - P!nk



HEEL SWITCHES, STEP RIGHT, PIVOT ½ TURN, ½ TURN SHUFFLE, LEFT COASTER STEP

1&2 Touch right heel forward, bring right back in place, touch left heel forward
&3-4 Bring left back in place, step forward on right, pivot ½ turn left
5&6 Shuffle ½ turn left (to the left) stepping right, left, right
7&8 Step back on left, step right beside left, step forward left

SIDE SWITCHES, HEEL & SIDE SWITCHES, KNEE POP, SWEEP ¼ LEFT, BEHIND, SIDE, CROSS

1&2 Touch right toe out to right side, bring right back in place, touch left toe out to left side
&3&4 Bring left back in place, touch right heel forward, bring right back in place, touch left toe out to left side
5-6 Pop left knee in towards right (keeping weight on right), turn ¼ left sweeping left foot out to left side (weight still on right)
7&8 Step left behind right, step right to right side, step left across right

ROCK STEP, 1 ½ TURN SHUFFLE RIGHT, ROCK STEP. 1 ¼ TURN SHUFFLE LEFT

1-2 Rock forward onto right, recover weight onto left foot
3&4 Make a 1 ½ turn shuffle right (to the right) stepping right, left, right
Option for counts 3&4: shuffle ½ turn right
5-6 Rock forward on left, recover weight onto right
7&8 Make a 1 ¼ turn shuffle left (to the left) stepping left, right, left
Option for counts 7&8: shuffle ¼ turn left

RIGHT AND LEFT VAUDEVILLES, CROSS, ¼ TURN RIGHT, HIP BUMPS

1&2 Cross right over left, step left to left side, touch right heel diagonally forward right
&3&4 Bring right back in place, cross left over right, step right to right side, touch left heel diagonally forward left
&5-6 Bring left back in place, cross right over left, step back on left making ¼ turn right
7&8 Step right to right side bumping hips right, left, right

LEFT SAILOR STEP, RIGHT SAILOR STEP, LEFT COASTER STEP, STEP RIGHT, PIVOT ½ LEFT

1&2 Step left behind right, step right to right side, step left to left side
3&4 Step right behind left, step left to left side, step right to right side
5&6 Step back on left, step right next to left, step forward on left
7-8 Step forward on right, pivot ½ turn left

SMALL JUMPS FORWARD, BACK, FORWARD, FORWARD, SCUFF RIGHT, STEP BACK, HIP BUMPS

&1&2 Step right forward, step left forward, step right back, step left back
&3&4 Step right forward, step left forward, step right forward, step left forward
5-6 Scuff right beside left, step back on right (weight on right)
7&8 Bump hips forward, back, forward (weight ends on left)

REPEAT