

Panache

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Mary Kelly (UK)
音乐: Sisters Are Doin' It for Themselves - Eurythmics, Annie Lennox, Dave Stewart & Aretha Franklin



STEP, TAP & CROSS, HOLD, RIGHT SHUFFLE FORWARD, STEP, ½ PIVOT

1-2 Step forward on right, tap left toe behind right heel
&3-4 Step back on left, tap right toes across left, hold
5&6 Step forward right, close left beside right, step forward right
7-8 Step forward left, pivot ½ turn right

STEP, TAP & CROSS, HOLD, LEFT SHUFFLE FORWARD, STEP, ¼ PIVOT

9-10 Step forward on left, tap right toe behind left heel
&11-12 Step back on right, tap left toes across right, hold
13&14 Step forward left, close right beside left, step forward left
15-16 Step forward right, pivot ¼ turn left

CROSS RIGHT, KICK BALL CROSS, STEP LEFT (TWICE)

17 Cross right over left
18&19 Kick left forward, close left beside right, cross right over left
20 Step left on left
21-24 Repeat counts 17-20

CROSS RIGHT, ¼ RIGHT, COASTER STEP, STEP-LOCK, STEP-LOCK, STEP, ¼ LEFT

25-26 Cross right over left, step left on left making ¼ turn right
27&28 Step back on right, close left beside right, step forward on right
29&30& Step forward left, lock right behind left, step forward left, lock right behind left
31-32 Step forward left, on ball of left pivot ¼ turn left - pointing right to right

& POINT, HOLD, & TOUCH & POINT, & RIGHT SIDE ROCK, RIGHT CROSS ROCK

&33-34 Close right beside left, point left to left, hold
&35 Close left beside right, touch right beside left
&36 Close right beside left, point left to left
&37-38 Close left beside right, rock to right on right, rock in place on left
39-40 Cross rock right over left, rock back in place on left

¼ TURN, ½ TURN SHUFFLE RIGHT, ROCK - STEP, ¾ TRIPLE LEFT, STEP LEFT

41 Step ¼ right on right
42&43 Step forward ¼ right on left, close right beside left, step left on left making ¼ turn right
44-45 Rock back on right, rock forward in place on left
46&47 Pivoting ¼ left on ball of left - step slightly right on right, pivoting ½ left on ball of right - step slightly left on left, close right beside left
48 Step left on left

REPEAT
