

Paint Me A Birmingham

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver nightclub
编舞者: Ed Lawton (UK), Gemma Bailey, Kate Sala (UK) & Roy Verdonk (NL)
音乐: Paint Me a Birmingham - Tracy Lawrence



This dance is dedicated to Tim Ruzgar For his 50th Birthday and to thank him for finding the music

SIDE, ROCK & ¼ TURN, ½ TURN, ¼, SWAY, ROCK WITH ¼ TURN RIGHT & SIDE

- 1 Step right to right side
- 2&3 Rock back on left, rock forward on right, make a ¼ turn left stepping forward on left
- 4&5 Make a ½ turn left stepping back on right, make a ¼ turn left stepping left to left side, step right over left
- 6-7 Step left to left swaying hips left, sway hips right
- 8&1 Rock back on left, rock forward on right making a ¼ turn right, step left to left side

ROCK & ¼ TURN, WALK, SLOW PIVOT, FULL TURN STEP SIDE

- 2&3 Rock back on right, rock forward on left, make a ¼ turn right stepping forward on right
- 4&5 Walk forward on left, right, left
- 6&7 With weight on left, start to make a ½ turn right, finish of the ½ turn and step forward on the right
- 8&1 Make a ½ turn right stepping back on left, make a ½ turn right stepping forward on right, step left out to left side

ROCK & ¼ TURN, ½ PIVOT TWICE SWEEP, WEAVE, UNWIND SWEEP

- 2&3 Rock back on right, rock forward on left, make a ¼ turn right, stepping forward on right
- 4&5 Step forward on left, pivot ½ turn right, make a ½ turn right stepping back on left and sweep right toe to the right
- 6&7 Step right behind left, step left to left, step right over left
- 8&1 Unwind a full turn left, sweep left toe out to left side

STEP SWEEP TWICE, STEP BACK, ROCK FORWARD, BACK FORWARD, 1¼ TURN, ROCK &

- 2&3 Step back on left as you sweep right to right, step back on right as you sweep left to left, step back on left
- 4&5 Rock forward on to right, rock back on left, rock forward on to right
- 6&7 Make a ½ turn right stepping back on left, make a ½ turn right stepping forward on right, make a ¼ turn right stepping left to left side
- 8& Rock back on right, rock forward on left

REPEAT
