

Paid My Dues

拍数: 32 墙数: 4 级数: Intermediate
编舞者: The Lady In Black (UK)
音乐: Paid My Dues - Anastacia



WALKS FORWARD/ROCK RECOVER POINT/KICKS/TOUCH BACK/½ TURN RIGHT

- 1-2 Walk forward on right crossing right slightly over left, walk forward on left crossing left slightly over right
- 3&4 Rock forward on right, recover weight back on left, point right to right side
- 5&6& Kick right forward, step right in place, kick left forward, step left in place
- 7&8 Kick right forward, touch right toe back behind left, using the ball of the right foot pivot ½ turn right transferring the weight forward onto right foot

LEFT COASTER STEP/MASHED POTATO BACK/HEEL JACK/CROSS UNWIND ½ TURN/COASTER STEP

- 1&2 Step left back, step right next to left, step left forward
- &3 Fan both heels out, turn left heel in and slide right instep behind left
- &4 Fan both heels out, turn right heel in and slide left instep behind right
- &5&6 Step right back, left heel forward, step left in place, cross right over left
- &7&8 Unwind ½ turn left, step left back, step right next to left, step left forward

CROSS BACK POINT (FINGER SNAPS)/CROSS BACK POINT(FINGER SNAPS)/TAP, TAP, STEP/FULL TURN RIGHT

- 1&2 Cross right over left, step back on left, point right to right side and snap fingers of right hand at shoulder height (weight stays on left)
- 3&4 Repeat counts 1&2
- 5&6 Tap right toe in front of left, tap right toe across in front of left, step down on right across and in front of left

Toe taps are traveling in front from right to left

- 7-8 Pivot ½ turn on right over right shoulder stepping left back, pivot ½ turn right stepping right forward

LEFT LOCK/¼ PIVOT LEFT/POINT/SWITCH/POINT/HITCH SLIDE TOUCH/LUNGE AND TOUCH

- 1&2 Step left forward, lock right behind left, step left forward
- 3&4 Pivot ¼ turn on left point right to right side, step right in place, point left to left side
- &5-6 Hitch left knee, step big step to left, slide right next to left (no weight)
- 7&8 Lunge right, bring weight back to center, touch right next to left

REPEAT
