

Pablo's Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Barry Porter (UK) & Paul Hulatt (UK)
音乐: She's All I Ever Had (Pablo Flores Radio Remix) - Ricky Martin



TOUCH, STEP BACK, FULL TURN, STEP TOGETHER, STEP BACK, ROCK FORWARD, LEFT LOCK LEFT

- 1 Touch right toes next to left instep
- 2 Step right foot back into extended 3rd position, pop left knee forward, lifting left heel off floor (keep weight on both feet, turn shoulders so that left points at 12:00, right at 6:00)
- 3 Turning left make full turn
- 4 Step right foot next to left
- 5 Step back onto left foot(same position as count 2)
- 6 Replace weight onto right foot
- 7&8 Left locking shuffle

RUMBA BOX, RIGHT TO SIDE LEFT TOGETHER, BACK RIGHT TOUCH LEFT, LEFT TO SIDE TOGETHER RIGHT, FORWARD LEFT, TOUCH RIGHT NEXT TO LEFT

- 9 Step right foot to right
- 10 Step left foot next to right
- 11 Step back onto right foot
- 12 Touch left foot next to right
- 13 Step left foot to left,
- 14 Step right foot next to left
- 15 Step forward onto left foot
- 16 Touch right foot next to left

¼ TURN, ½ TURN, ½ TURN RIGHT LOCKING SHUFFLE, ROCK FORWARD REPLACE, ROCK BACK REPLACE

- 17 Step right foot ¼ turn right
- 18 On ball of right make ½ turn to right, stepping back onto left foot
- &19&20 On ball of left make ½ turn right into right locking shuffle
- 21 Rock forward onto left foot
- 22 Replace weight onto right foot
- 23 Rock back onto left foot
- 24 Replace weight onto right foot

STEP ½ TURN, KICK AND TOUCH, POINT, HOLD, HITCH SIDE SHUFFLE

- 25 Step forward onto left foot
- 26 ½ turn right(weight remains on left foot)
- 27&28 Kick right foot forward, step right next to left, touch left next to right
- 29 Point left foot out to left side
- 30 Hold
- & Hitch left knee across right leg
- 31&32 Side shuffle to left, stepping left, right, left

KICK BALL CROSS, ROCK AND CROSS, TRAVELING DIAGONALLY RIGHT, REPEAT TRAVELING DIAGONALLY LEFT

- 33&34 Kick right foot forward step right next to left cross left over right
- 35&36 Rock right foot to right side, replace weight onto left foot, cross right foot over left
- 37&38 Kick left foot forward, step left next to right, cross right over left
- 39&40 Rock left foot out to left side, replace weight onto right foot, cross left over right

POINT, HOLD, HEEL FLICK, ¼ TURN, COASTER STEP, LEFT LOCKING SHUFFLE

- 41 Point right foot out to right
- 42 Hold
- &43 Flick both heels to left, flick both heels back to right
- 44 Turn right ¼ turn (weight on left foot)
- 45&46 Step back onto right foot, step left next to right, step forward onto right foot
- 47&48 Forward left locking shuffle, left-right-left

STEP ¾ TURN, ROCK REPLACE, CROSS SHUFFLE, ROCK REPLACE

- 49 Step forward onto right foot
- 50 Turn ¾ turn to left(keeping legs crossed)
- 51 Rock left foot out to left
- 52 Replace weight onto right foot
- 53&54 Crossing shuffle left-right-left
- 55 Rock right foot out to right side
- 56 Replace weight onto left foot

CROSS POINT, CROSS POINT, ½ TURN, POINT, CROSS POINT

- 57 Step right foot across left
- 58 Point left out to, left side
- 59 Step left foot across right
- 60 Point left out to left side
- 61 Make ½ turn right, dragging right foot in to meet left, leaving right foot crossed over left
- 62 Point left foot out to left side
- 63 Cross left foot over right
- 64 Point right foot out to right side

REPEAT
