

# Pa-leeze

拍数: 64      墙数: 2      级数: Improver  
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音乐: Please Please - Scooter Lee



## 2 JAZZ BOXES (DANCED WITH A TOE-FLAT ACTION) EACH TURNING ¼ RIGHT

- 1-4      Cross right over left with toe or ball, flatten right heel, step left back with toe and start to turn ¼ to right, flatten left heel
- 5      Step right to right side with ball - completing the ¼ turn to right if necessary(5)
- 6-8      Flatten right heel, step left forward with ball, flatten left heel
- This should complete 1 jazz box done with a toe-heel step turning ¼ to right**
- 1-8      Repeat jazz box turning ¼ to right - same as above

## TOE-HEEL CROSS, HOLD, TOE-HEEL CROSS, HOLD

- 1-4      Touch right toe in to left instep, touch right heel to right side, cross right over left, hold
- 5-8      Touch left toe in to right instep, touch left heel to left side, cross left over right, hold

**Note: Allow the weighted foot to swivel naturally as you do toe heel cross**

## TOE-HEEL CROSS INTO TRAVELING CROSS HEEL GRINDS, STEP KICK

- 1-2      Touch right toe in to left instep, touch right heel to right side
- 3      Place right heel forward & across left foot with weight. Your body will have to turn to the left slightly to do this. Right toe will point slightly to the left
- 4      Step left to left side & point right toe to right side. The toe fan will occur naturally as you step to the side with your left foot
- 5-6      Repeat counts 3-4 (heel cross, grind as you step side with left)
- 7-8      Step right forward and across left (diagonally to left), kick left forward (to left corner)

## WEAVE RIGHT, KICK, WEAVE LEFT, KICK

- 1-4      Step left back, step right to right side, cross left over right, kick right forward diagonally to right corner

**Body is angled 45 degrees to right**

- 5-8      Step right back, step left to left side, cross right over left, kick left forward diagonally to left corner

**Body is angled 45 degrees to left**

## BACK, SIDE, CROSS, FORWARD, FORWARD, WITH A TOTAL OF ¼ TURN RIGHT

- 1-2      Step left diagonally back, step right to right side (square off to wall)
- 3-4      Step left forward and across right, hold (1/8 right of center)
- 5-8      Turning 1/8 right step right forward, hold, step left forward, hold

## 1 SIDE-TOGETHER RIGHT, 1 SIDE-TOGETHER LEFT, 2 SIDE-TOGETHERS RIGHT

- 1-4      Step right to right side, touch left next to right, step left to left side, touch right next to left
- 5-8      Step right to right side, step left next to right, step right to right side, touch left next to right

## 1 SIDE-TOGETHER LEFT, 1 SIDE-TOGETHER RIGHT, 1 & ¼ TURN LEFT, BRUSH

- 1-4      Step left to left side, touch right next to left, step right to right side, touch left next to right
- 5-8      Turn ¼ left and step left forward & turn ½ left, step right back turning ½ left, step left forward, brush right toe forward

**REPEAT**