

Over The Hill Cha Cha (P)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate partner dance
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音乐: Brokenheartsville - Joe Nichols



Position: Double Handhold. Opposite Footwork, Man's Left Lead, Lady's Right Lead

CROSS, HITCH, SIDE SHUFFLE, CROSS, TOUCH, CROSS SHUFFLE

1-2 **MAN:** Step left in front of right, hitch right next to left
 LADY: Step right in front of left, hitch left next to right
3&4 **MAN:** Right, left, right side shuffle
 LADY: Left, right, left side shuffle
5-6 **MAN:** Step left in front of right, touch right toe to right side
 LADY: Step right in front of left, touch left toe to left side
7&8 **MAN:** Step right in front of left, step left, step right in front of left
 LADY: Step left in front of right, step right, step left in front of right

¼ STEP PIVOT, FORWARD SHUFFLE, SIDE ROCK, CROSS SHUFFLE INTO LADY'S WRAP

1-2 **MAN:** Step left, pivot ¼ right (release man's right hand & lady's left)
 LADY: Step right, pivot ¼ left
3&4 **MAN:** Left shuffle forward (man has lady's right hand in his left)
 LADY: Right shuffle forward
5-6 **MAN:** Step right, recover back on left
 LADY: Step left, recover back on right
7&8 **MAN:** Step right over left, step left, step right over left (man is passing in back of lady)
 LADY: Step left over right, step right, step left over right (lady is passing in front of man)

Man's left and lady's right hand goes over lady's head and back down and man picks up lady's left hand with his right so that the man puts the lady into a wrap position

STEP, PIVOT, SHUFFLE FORWARD, SIDE ROCK, CROSS SHUFFLE INTO MAN'S WRAP

1-2 **MAN:** Step forward on left, pivot ½ right or to the right (release lady's left hand)
 LADY: Step forward on right, pivot ½ left or to the left
3&4 **MAN:** Left shuffle forward (man has lady's right hand in his left)
 LADY: Right shuffle forward
5-6 **MAN:** Step right, recover back on left
 LADY: Step left, recover back on right
7&8 **MAN:** Step right over left, step left, step right over left (man is passing in front of lady)
 LADY: Step left over right, step right, step left over right (lady is passing in back of man)
(man's left and lady's right hand goes over man's head and back down and man picks up lady's left hand with his right so that the lady puts the man into a wrap position)

STEP, PIVOT, SHUFFLE, ROCK STEP, SHUFFLE

1-2 **MAN:** Step forward on left, pivot ½ right or to the right (release lady's left hand)
 LADY: Step forward on right, recover back on left
3&4 **MAN:** Left shuffle forward to face lady (couples are in Double Hand Hold Position facing each other)
 LADY: Right shuffle back
5-6 **MAN:** Step forward on right, recover back on left
 LADY: Step back on left, recover forward on right
7&8 **MAN:** Right shuffle back
 LADY: Left shuffle forward

LADY STEP PIVOT ½, SHUFFLE ½, MAN STEP PIVOT ½, SHUFFLE ½

1-2 **MAN:** Step back on left, recover forward on right (release lady's left hand, man's right)

LADY: Step forward on right, pivot ½ left (lady turns under raise hands)

3&4 **MAN:** Left shuffle forward

LADY: Right shuffle turning ½ left or to the left

5-6 **MAN:** Step forward on right, pivot ½ left (man turns under raise hands)

LADY: Step back on left, recover forward on right

7&8 **MAN:** Right shuffle turning ½ left

LADY: Left shuffle forward

ROCK APART, SHUFFLE TO SIDE, PINWHEEL WALK, WALK SHUFFLE

1-2 **MAN:** Step back on left, recover forward on right (man picks up lady's other hand)

LADY: Step back on right, recover forward on left (couples are in Double Handhold)

3&4 **MAN:** Left shuffle forward to lady's left side (left shoulder to left shoulder Parallel Position)

LADY: Right shuffle forward to man's left side

5-6 **MAN:** Step right, step left turning ½ left (this is a Pinwheel Turn)

LADY: Step left, step right turning ½ left

7&8 **MAN:** Right shuffle turning ¼ left (back into Double Hand Hold facing lady)

LADY: Left shuffle turning ¼ left (back into Double Hand Hold facing man)

REPEAT
