

# Over My Shoulder

拍数: 32      墙数: 2      级数: Improver  
编舞者: Geri Morrison (UK)  
音乐: Over My Shoulder - Mike + The Mechanics



## ROCK BACK, RECOVER, ½ LEFT TURN SHUFFLE BACK, ROCK BACK, RECOVER, ½ TURN RIGHT, SHUFFLE BACK

1-2            Rock back on right (look back over right shoulder at same time) recover weight on left  
3&4           Turning ½ left, shuffle back (right, left, right)  
5-6            Rock back on left (look back over left shoulder at same time) recover weight on right  
7&8            Turning ½ right, shuffle back (left, right, left)

## ½ TURN SHUFFLE, CROSS BACK, & CROSS POINT, CROSS SHUFFLE

1&2            Turning ½ right, shuffle forward (right left right)  
3-4            Cross left over right, step back on right  
&5            Step left next to right, cross right over left  
6            Point left to left side  
7&8            Cross shuffle (left, right, left,) facing 6:00

## HIP BUMPS ¼ TURN SAILOR, SKATE RIGHT LEFT, ROCK RECOVER ½ TURN STEP,

1&2            Step right to right side (bumping hips right, left, right)  
3&4            Left sailor, turning ¼ left  
5-6            Skate forward right, left  
7&8            Rock forward on right, recover weight on left, turn ½ turn right stepping forward on right

## ROCK RECOVER ¼ TURN LEFT, RIGHT SAILOR, TOUCH KICK, SHUFFLE BACK

1&2            Rock forward on left, recover weight on right, turn ¼ left stepping to left side  
3&4            (Right sailor) step right behind left, step side left, step side right  
5-6            Touch left beside right, kick left forward,  
7&8            Shuffle back, left, right, left, (facing 6:00)

## REPEAT

### TAG

At the end of 3rd wall and 5th wall

### MAMBO BACK MAMBO FORWARD

1&2            Rock back on right, recover weight on left, step right beside left  
3&4            Rock forward on left, recover weight on right, step left next to right

### TAG

At end of 7th wall

1-4            Repeat above mambo counts,  
5-6            Rock back on right, recover weight on left  
7-8            Rock forward on right, recover weight on left