

Over & Over

拍数: 32 墙数: 4 级数: Improver
编舞者: Alan Clarke (UK) & Nikki Hack (UK)
音乐: Could I Have This Kiss Forever (feat. Whitney Houston) - Enrique Iglesias



TOUCH SWEEP, ROCK AND CROSS, STEP ¼, COASTER STEP

1 Touch right toe forward (diagonally in front of left)
2-3 Sweep right foot round and behind left (weight on right)
4&5 Rock left foot out to the side, cross left foot over right
6-7 Step right foot to right side, turn ¼ turn to left
8&1 Step left foot back, step right foot beside left, step left foot forward

RIGHT TOUCH & CROSS, TOUCH & CROSS, RIGHT ROCK RECOVER, SIDE CHASSIS

2&3 Touch right toe forward, step right foot next to left, step left foot forward
4&5 Touch right toe forward, step right foot next to left, step left foot forward
6-7 Rock forward on right foot, rock back on left (starting to turn ¼ right)
8&1 Step right to the side (completing ¼ turn), step left together, step right to side

LEFT MAMBO CROSS, RIGHT MAMBO CROSS ¼ HITCH ¼ KICK, LEFT CHA-CHA-CHA

2&3- Cross left over right, recover weight to right, step left to the side
4&5 Cross right over left, recover weight to left, step right to the side
6-7 Hitch right knee (turning body ¼ to right), kick left foot turning body ¼ to left
8&1 Step forward on left, step right behind left, step forward left

ROCK REPLACE, KICK & CROSS, STEP PIVOT, TURN, TURN TOUCH

2-3 Rock forward right, rock back on left, turning ¼ to the right
4&5 Kick right foot forward, step right next to left, cross left over right
6-7 Step forward on right, pivot ½ turn to the left
8& Step right foot ¼ turn left, step left foot ¼ turn to left

These are 2 small steps to complete ½ turn

REPEAT
