

Outta Your Head

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Lizzie Clarke (SCO)
音乐: Out Of My Head - Sharon B



LEFT SHUFFLE FORWARD, RIGHT SHUFFLE TURNING ½ TURN LEFT, ROCK REPLACE, LEFT KICK BALL CHANGE

1&2 Left shuffle forward on left, right, left
3&4 Right shuffle turning ½ turn left on right, left, right
5-6 Rock back left, replace weight on right
7&8 Kick left forward, touch left beside right, step right in place

STOMP LEFT CLAP, STOMP RIGHT CLAP, LEFT KICK BALL CHANGE, STOMP LEFT CLAP

1-4 Stomp forward left & clap twice, stomp forward right & clap twice
5&6 Kick left forward, touch left beside right, step right in place
7-8 Stomp left and clap twice

VINE RIGHT TURNING ½ TURN RIGHT, SCUFF, LEFT SIDE SHUFFLE ¼ RIGHT, ROCK REPLACE

1-4 Step to right, cross left behind right, step to right turning ½ turn right, scuff left beside right
5&6 Side shuffle left on left, right, left, turn ¼ right
7-8 Rock back on right, replace weight on left

HEEL SWITCHES, STRIDE TOGETHER TWICE

1&2 Touch right heel forward & step right beside left, touch left heel forward
&3-4 Step left beside right, long stride forward right, step left beside right
5&6 Touch right heel forward & step right beside left, touch left heel forward
&7-8 Step left beside right, long stride forward right, touch left beside right

REPEAT
