

Outta My Life

COPPER KNOB
BY STEPHEN

拍数: 32
编舞者: Kathy Brown (USA)
音乐: Lonely - Akon

墙数: 4

级数: Intermediate nightclub



BALL STEP, STEP, STUTTER STEP, ¼ RIGHT, LEFT SCISSOR STEP RIGHT SCISSOR STEP

- &1-2 Rock ball of right slightly back, step left forward, step forward right
- &3-4 Step left next to right, step right forward, step left ¼ turn right
- &5-6 Step right next to left, cross left over right, step right to side
- &7-8 Step left next to right, cross right over left, step left to side

LEFT SCISSOR STEP, LEFT ¼ TURN, ½ MONTEREY, SIDE ROCK CROSS, RIGHT WEAVE ¼ TURN, STUTTER STEP

- &1-2 Step right next to left, cross left over right, step right back ¼ turn left
- &3-4 Step left next to right, point right to side, turning ½ right step right next to left
- 5&6 Rock left to side, return right, cross left over right
- 7&8& Step right to side, step left behind right, step right ¼ right, step left slightly behind right

STEP RIGHT, STEP LEFT, RIGHT PIVOT TURN, FORWARD LEFT SAILOR, FORWARD RIGHT SAILOR, ROCK, RETURN, ½ LEFT TURN

- 1-2& Step right forward, step left forward pivoting ½ right, step forward right
- 3-4& Step left (45) forward, step right behind left, step left (45) forward
- 5-6& Step right (45), step left behind right, step right forward
- 7-8& Rock forward left, return right, turning ½ left, step left forward

STEP RIGHT SIDE, LEFT ROCK, RETURN, RIGHT ROCK RETURN, ½ TURN LEFT, LEFT ROCK, RETURN, LEFT FORWARD COASTER

- 1-2& Step right to side, rock left behind right, return right
- 3-4& Step left to side, rock right behind left, return left
- 5-6& Turning ½ left, step back on right, rock left behind right, return right
- 7&8 Step forward left, step right next to left, step left back

REPEAT
