

# Outta M' Mind

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: William Sevone (UK)  
音乐: Tryin' To Forget You - Candy Kane & Earl Thomas



## 4X ROCK-RECOVER

1-2      Rock forward onto right foot, recover onto left foot  
3-4      Rock backward onto right foot, recover onto left foot  
5-6      Rock forward onto right foot, recover onto left foot  
7-8      Rock back onto right foot, recover onto left foot

## FORWARD SHUFFLE, HEEL SWITCH, 2X SAILOR SHUFFLES

9&10      Step forward onto right foot, step left foot next to right, step forward onto right foot  
11&12      Touch left heel diagonally forward, step right foot back to center, touch right heel diagonally forward  
13&14      Step right foot behind left, step left foot to side, step right foot to side  
15&16      Step left foot behind right, step right foot to side, step left foot to side

## ONE AND ¾ TURNS RIGHT, HEEL SWITCH, STEP BEHIND, ¼ LEFT, STEP FORWARD

17&      (Moving left) turn ¾ right on ball of left foot stepping forward onto right foot, step forward onto left foot  
18      (Moving forward) turn full turn right on ball of left foot - stepping forward onto right foot  
19&20      Touch left heel diagonally forward left, step right foot back to center, touch right heel diagonally forward right  
21-22      Step right foot behind left, turn ¼ left & step forward onto left foot

## FORWARD SHUFFLE, 4X ROCK-RECOVER

23&24      Step forward onto right foot, step left foot next to right, step forward onto right foot  
25-26      Rock forward onto left foot, recover onto right foot  
27-28      Rock backward onto left foot, recover onto right foot  
29-30      Rock forward onto left foot, recover onto right foot  
31-32      Rock backward onto left foot, recover onto right foot

## TOUCH BEHIND, ¾ LEFT, RIGHT CHASSE, BACKWARD ROCK, RECOVER

33-34      Touch left toe behind left, turn ½ left on ball of right foot & step forward onto left  
35&36      Turn ¼ left on left foot & step right foot to side, step left foot next to right, step right foot to side  
37-38      Rock backward onto left foot, recover onto right foot

## LEFT CHASSE, BACKWARD ROCK, RECOVER, HEEL SWITCH, STEP, SHUFFLE FORWARD, STEP FORWARD

39&40      Step left foot to side, step right foot next to left, step left foot to side  
41-42      Rock backward onto right foot, recover onto left foot  
43&44      Touch right heel diagonally forward right, step right foot back to center, touch left heel diagonally forward left  
45      Step left foot back to center  
46&47      Step forward onto right foot, step left foot next to right, step forward onto right foot  
48      Step forward onto left foot

## REPEAT

Variation: in place of counts 17& - 18, step right foot behind left, step left foot to side with ¼ left, step forward onto right foot.

